

# Sacramental Programme for children 2025

## St Anthony & St Luke's Parish, Alexandra Hills - Capalaba

**FIRST HOLY COMMUNION:** For Children who received Confirmation in 2024 or before.

Parent Information Night - WEDNESDAY, 12 MARCH 2025 @ 7pm, St Anthony's Church.

First Holy Communion - SATURDAY, 17 MAY 2025 @ 4.30pm, St Anthony's Church.

SUNDAY 18 MAY @ 7.00am, St Luke's Church.

SUNDAY 18 MAY @ 9.00am, St Anthony's Church.



**CONFIRMATION:** For Students in Year 3 or above.

Parent Information Night - THURSDAY, 7 August 2025 @ 7pm, St Anthony's Church.

Date of Confirmation - THURSDAY, 18 September 2025 @ 6.30pm.

**PENANCE (Reconciliation):** For Children who received Holy Communion in 2025 or before.

Parent Information Night - THURSDAY, 9 OCTOBER 2025 @ 7pm, St Anthony's Church.

Date of Reconciliation - THURSDAY, 6 NOVEMBER 2025 @ 6pm.



\*\*\*For more information, please Contact the Parish Office. Phone: 07 3820 0100 OR Email: alexhillscap@bne.catholic.net.au



You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code



Or online at: [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)  
Or by calling: 1800 024 413



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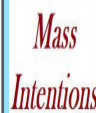
\*Not for Profit \*Pre-arrangements

Telephone: 07 3293 0555

[www.holycrossfunerals.com](http://www.holycrossfunerals.com)



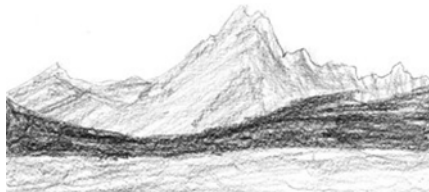
Mass Intentions Envelopes are available from the Parish Office and at the entrance of the Church. Please PRINT the NAME and DATE.



FROM MOUNTAIN TO MOUNTAIN  
JESUS' JOURNEY  
OUR LENTEN JOURNEY

Sunday March 9<sup>th</sup> 1:30 pm - 4:00 pm

Guardian Angels' Church Wynnum  
Presenter: Fr Kevin Gonsalvez OFM Cap



All are welcome.

Contact Joan  
0407 670 603



Are you New to the Parish? ..... WELCOME!!

You can register your family details at <https://stanthonyandluke.flocknote.com/register> or phone on 3820 0100 or email: alexhillscap@bne.catholic.net.au

Tick this box to receive our weekly newsletter by email

Tick this box to receive information about our Planned Giving Programme

(Place this completed form in the collection plate)

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_



# St Anthony & St Luke's Catholic Parish Alexandra Hills and Capalaba

"Guided by the Holy Spirit, St Anthony and St Luke's Catholic Parish is a diverse community, called to be an inclusive Eucharistic People who will live out our Baptismal call as disciples of Jesus Christ."

St Anthony Drive, Alexandra Hills, Qld 4161 Phone: 3820 0100 Email: alexhillscap@bne.catholic.net.au

Web: [www.stanthonyandstluke.org.au](http://www.stanthonyandstluke.org.au)

Facebook: St Anthony and St Luke's Parish

### Parish Churches

St Anthony's Church  
St Anthony Drive,  
Alexandra Hills Q 4161

&

St Luke's Church  
45 Degen Road, Capalaba Q 4157

### Parish Office

Parish Office Address  
12 Hardy Rd Birkdale,  
Qld 4159

### Office Hours

Monday, Tuesday, Thursday and  
Friday: 9am to 2pm

### Contact

(07) 3820 0100

alexhillscap@bne.catholic.net.au

Priest Emergency Contact:  
Phone 3820 0100, Option 3

### Parish Personnel

Fr Regimon Gervasis MCBS  
Parish Administrator  
gervasisr@bne.catholic.net.au

Fr. Prem Rethnamony

Associate Pastor

Kathy Metzen

Workplace Health & Safety

Inez Barry

Safeguarding Officer

lsr.alexhillscap@bne.catholic.net.au

### Education

St Anthony's Catholic Primary School  
Phone: 3820 1200

Email: [palexhills@bne.catholic.edu.au](mailto:palexhills@bne.catholic.edu.au)

St Anthony's Kindergarten  
Phone: 3824 5061

Address: St Anthony's Drive,  
Alexandra Hills

St Luke's Catholic Primary School  
Phone: 3245 9595

Email: [pcapalaba@bne.catholic.edu.au](mailto:pcapalaba@bne.catholic.edu.au)

St Luke's Catholic Child Care Centre  
Phone: 3245 3300

Address: 45 Degen Road, Capalaba

### 9th March 2025

### First Sunday of Lent

Dear Parishioners and visitors,

Are you ready to follow the Lord Jesus wherever he wishes to lead you? After Jesus' was baptised by John the Baptist at the River Jordan, he withdrew into the wilderness of

Judea - a vast and mostly uninhabitable wilderness full of danger. Danger from scorching heat by day and extreme cold at night, danger from wild animals and scorpions, plus the deprivation of food and the scarcity of water.

Why did the Holy Spirit lead Jesus into such a lonely place - right after Jesus was anointed and confirmed by the Father for his mission as Messiah and Savior? Jesus was following the pattern which God had set for Moses and for Elijah - both were led on a forty day journey of prayer and fasting to meet with God on his holy mountain (Exodus 24:18 and 1 Kings 19:8). While Moses and Elijah each prayed and fasted in the desert wilderness of Sinai, God fed them with his life-giving word. Their time of solitude with God enabled them to be renewed in faith, hope, and love for the call God had given them. Jesus likewise went into the wilderness to prepare himself for the mission entrusted to him by spending forty days and nights in solitude and prayer to his Father in heaven.

What lesson can we learn from Jesus' temptation in the wilderness? How can we hope to fight temptation and overcome sin in our own personal lives? When Jesus went out into the wilderness to fight temptation by the devil, he was led by the Holy Spirit. Jesus did not rely on his own human strength and will-power for overcoming temptation. He relied on the Holy Spirit to give him strength, wisdom, courage, and self-control. The Lord Jesus knows that we cannot fight temptation on our own. We need the strength and guidance of the Holy Spirit to help us. The Lord Jesus gives us his Holy Spirit to help us in our weakness (Romans 8:26) and to be our guide and strength in times of testing (1 Corinthians 10:13).

The forty days of Lent is the annual retreat of the people of God in imitation of Jesus' forty days in the wilderness. We are called to journey with the Lord in a special season of prayer, fasting, almsgiving, repentance, and renewal as we prepare to celebrate the feast of Easter. The Lord gives us spiritual food and supernatural strength to seek his face and to prepare ourselves. We, too, must follow in the way of the cross in order to share in the victory of Christ's death and resurrection. As we begin this holy season of preparation and renewal, let's ask the Lord for a fresh outpouring of his Holy Spirit that we may grow in faith, hope, and love, and embrace his will more fully in our lives.



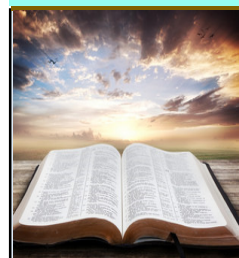
Lord's blessings, Fr Regi

MASS TIMES 10th - 16th March 2025		
MONDAY	9.00 AM	ST LUKE'S CHURCH, CAPALABA
TUESDAY	6:00 PM	ST MARY MACKILLOP CHURCH, BIRKDALE
WEDNESDAY	5:00PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
THURSDAY	9:00 AM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
FRIDAY	9:30 AM	ST MARY MACKILLOP CHURCH, BIRKDALE (Anointing Mass 2nd Friday of each month)
SATURDAY	4.30 PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
	6.15 PM	ST MARY MACKILLOP CHURCH, BIRKDALE
SUNDAY	7:00 AM	ST LUKE'S CHURCH, CAPALABA
	8:00 AM	ST MARY MACKILLOP CHURCH, BIRKDALE
	9:00 AM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS

**The Sacrament of Reconciliation**  
**MONDAY**—8.30 am: St Luke's Church, Capalaba  
**TUESDAY**—5.30pm: St Mary MacKillop Church, Birkdale  
**SATURDAY**—4.00pm: St Anthony's Church, Alexandra Hills.  
 OR by appointment (phone 3822 2139 or 3820 0100)

**Anointing Mass**  
 We will have the special Anointing Mass on the Second Friday of every Month. Next celebration will be at 9.30 am, on Friday, **14th March 2025**, at St Mary Mackillop Church, Birkdale.

**Eucharistic Adoration: First Friday of the month (10.00am to 11.00am), at St Mary Mackillop Church, BIRKDALE. Next Adoration 4th April 2025**



**Scripture Readings**  
**First Sunday of Lent**  
**First Reading: Deut 26:4-10**  
**Psalms: Ps 90:1-2, 10-15**  
**Second Reading: Rom 10:8-13**  
**Gospel: Luke 4:1-13**

*We pray for all those who are sick, especially, Frank Thompson, Maureen Lee, Mary Ford, Yvonne Marshall, Maria Pierce, Trish Gleeson, Christine Lee, Gwen and John Dillon, Teresa Rafter, Lew Harris, Silvia Mata Ruano, Joan Burke, Paul Norton, Julie Vincent, Josephine Murphy, Matthew Scott, Bernadette Gick.*

*We remember and pray for all the departed beloved ones especially..... Cathy Sheen (Anniversary), Darcy Rafter (Anniversary), Alfred Briffa (Anniversary), Helen Meade (Anniversary), Denis Chaplin, Isabel Buted Blankas, Bridget Dwyer, George (Ben) Jardine, Sharon MacKenzie, Michael Maciejewski, Justin Kerr, Bruce Gordon, Matilda Sequeira, Maureen Holland, Mario Mercarello, Marie Parnell, Mark Paten, Barbara Woodford, Allison Shand, Dorothy Black, Alan Lowndes, Zita Cilvanas, Gisela Kostic, Michael Nolan, Peter and Shona Kwock-Sun, Joseph Anthony Kakucska and Susan Kakucska, departed members of the Alberto family. To add a name to the list, please email: alexhillscap@bne.catholic.net.au*

**Support Your Parish:** Thank you so much to all who support our Parish financially. Our bank account details are: **BSB:064 786, Account No: 1000 17592, Account Name: Alexandra Hills Capalaba Parish.** Kindly reference your deposit with your surname. To join a direct debit and Planned giving programme please contact the Parish office.

**STOPLine Service**  
 STOPLine receives information about suspected abuse, harm and other serious misconducts by Archdiocesan workers (including priests, religious, employees and volunteers). Information can be shared anonymously.  
 1300 304 550 AOB@stopline.com.au  
 www.bne.catholic.stoplinereport.com

"The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and safeguarded by all.  
**STOPline: 1300 304 550 Email: AOB@stopline.com.au**

**Acknowledgement of Traditional Owners**  
  
 The Archdiocese of Brisbane acknowledges the Traditional Owners of the country upon which the Archdiocese lies and recognises their continuing connection to land, waters and culture. The Archdiocese pays respects to their Elders past, present and emerging.

**Parish Prayer Groups**  
**Monday** 1:00pm Rosary at St Mary MacKillop.  
**Tuesday** 11:30am Rosary at St Luke's.  
**Wednesday** 11:00am Rosary at St. Mary MacKillop. 3:30pm Prayer of Two Hearts at St Anthony's. 4:00pm Rosary at St Anthony's.  
**Friday** 9:00am Rosary at St Mary MacKillop. Friday 10:00 am Divine Mercy at St Mary MacKillop.

**Sunday Morning Refreshments**  
**ALL WELCOME. Every Sunday.**  
 Please join us for a cup of tea and refreshments in the **Parish Hall** each week following the Sunday morning Mass at St Anthony's. Please bring a plate of food to share (deliver it to the Parish Hall before Mass). We look forward to your company!!

**Lenten Books**  
  
**"Start Anew in Christ"** is a call for all the followers of Jesus to examine their hearts and open themselves to be renewed and empowered by the Holy Spirit who makes all things new. **Books are \$5.00**  
 (NOTE: THE PARISH LENTEN PROGRAMME IS USING A DIFFERENT BOOK)

**Sacramental Journey for Communion**  
  
**NOTE CHANGE OF DATE**  
 The Parent Information Session for **1<sup>st</sup> Communion** (for Children who received Confirmation in 2024 or before) will be held on **WEDNESDAY, 12 MARCH 2025 at 7:00 pm at St Anthony's Church.**

**Mass of Anointing**  
  
 Anointing Mass will be celebrated at St Mary MacKillop Church, 12 Hardy Rd, Birkdale on **Friday 14th March.** Please bring a plate of food to share for morning tea following the Mass. **All Welcome.**

**Second Rite of Reconciliation**  
 All are invited to the **the second Rite of Reconciliation on MONDAY, 7th April at 6:00pm, at St Mary MacKillop Church, Birkdale.**

**Parish Lenten Programme**  
**This Lent, embark on a journey of metanoia—** a transformative change of heart inspired by the Gospels. Let this beautifully designed, 76-page, full-colour companion guide your spiritual renewal through daily reflections, Sunday readings and reflections, spiritual direction, prayers, and group discussion questions. You are welcome to join either of the Parishes Lenten Groups that will be following the programme:-  
**Mondays at St Luke's, 45 Degen Rd, Capalaba.** Weekly gatherings will be at 7:00pm  
**Wednesdays at St Mary MacKillop, Birkdale** Weekly gatherings will be at 11:00am

**Ladies Group**  
**Next Ladies Group Meeting**  
**Wednesday 19th March from 9am-** Take Home Craft with Madonna. More details next week.

**Congratulations!!!**  
  
**Baptism**  
 We extend our congratulations to **Tino Hastings** who was baptised in our parish in the month of February. We welcome Tino to the parish family. Let us appreciate the parents for sharing the flame of faith with their child.

**Happy Birthday**  
 Happy Birthday!!!  
 We thank God for the gift of life. We wish all the blessings to those who are celebrating their birthdays in the month of March

**LENT 2025 WITH THE CATHOLIC GUY, BRUCE DOWNES**  
 Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent>