

# TRUTH TELLING

## Where to from Now?

Reconciliation Action Plan Networking Workshop



SCAN TO REGISTER

**SAT 17 AUGUST**  
**8:30am-3pm**

ST PETER'S CATHOLIC  
PARISH ROCHEDALE  
955 Rochedale Rd

## SYNOD24 PRAYER

Creator Spirit, whose breath of life *makes all things new*.

We gather around Your table of communion,  
as many parts of one body,  
*grounded* in the hope, joy and mission of the Risen Christ.

We open our minds and hearts,  
so we can be nourished and enlivened by Your presence,  
ready *to be* the hope, joy and mission of the Risen Christ.

We make space for the many stories of hurt, exclusion and  
silence of those within, and on the very edges of our communities,  
so we may be *in service* of the hope, joy and mission of the Risen Christ.

As your breath of life flows in us and through us,  
may we be a vessel for Your bold creativity  
so we may be the *hands and feet* of the hope, joy  
and mission of the Risen Christ.

We ask this in the name of the Risen Christ,  
Amen.

## MULTICULTURAL MASS

"God walks with His People" Pope Francis



**25 AUG 2024**

2pm, Queen of  
Vietnamese Martyrs  
Catholic Church,  
54 Flint St, Inala

FIND  
OUT  
MORE  
→



CELEBRATED BY  
ARCHBISHOP MARK COLERIDGE



**Holy Cross Funerals - Serving South-East Qld since 1999**

Our friendly staff will be happy to assist you and your family with their pre-planning or funeral needs.

\*Burials \*Cremations \*Repatriations  
\*Not for Profit \*Pre-arrangements

Telephone: 07 3293 0555  
www.holycrossfunerals.com



CUT HERE ✂

## Are you New to the Parish?

If you are new to the Parish, please fill this form and drop it in the collection Plate or give us your details by phone on 3820 0100 or email: alexhillscap@bne.catholic.net.au The Parish Office will then be in touch with you and also send you our weekly newsletter.

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_



## St Anthony & St Luke's Catholic Parish

### Alexandra Hills and Capalaba

"Guided by the Holy Spirit, St Anthony and St Luke's Catholic Parish is a diverse community, called to be an inclusive Eucharistic People who will live out our Baptismal call as disciples of Jesus Christ."

St Anthony Drive, Alexandra Hills, Qld 4161 Phone: 3820 0100 Email: alexhillscap@bne.catholic.net.au

Web: www.stanthonyandstluke.org.au Facebook: St Anthony and St Luke's Parish

### Parish Churches

St Anthony's Church  
St Anthony Drive,  
Alexandra Hills Q 4161  
&  
St Luke's Church  
45 Degen Road, Capalaba Q 4157

### Parish Office

**Parish Office Address**  
**12 Hardy Rd Birkdale, Qld**  
**4159**

**Office Hours**  
**Monday, Tuesday, Thursday and**  
**Friday: 9am to 2pm**

**Contact**  
**(07) 3820 0100**  
alexhillscap@bne.catholic.net.au  
**Priest Emergency Contact:**  
**Phone 3820 0100, Option 3**

### Parish Personnel

**Fr Regimon Gervasis MCBS**  
Parish Administrator  
gervasisr@bne.catholic.net.au  
**Fr. Prem Kumar**  
Associate Pastor  
**Kathy Metzen**  
Workplace Health & Safety  
**Inez Barry**  
Safeguarding Officer  
lsr.alexhillscap@bne.catholic.net.au

### Education

St Anthony's Catholic Primary School  
Phone: 3820 1200  
Email: palexhills@bne.catholic.edu.au  
St Anthony's Kindergarten  
Phone: 3824 5061  
Address: St Anthony's Drive,  
Alexandra Hills

St Luke's Catholic Primary School  
Phone: 3245 9595  
Email: pcapalaba@bne.catholic.edu.au  
St Luke's Catholic Child Care Centre  
Phone: 3245 3300  
Address: 45 Degen Road, Capalaba

### 11th August 2024

God offers his people abundant life, but we can miss it. What is the bread of life which Jesus offers? It is first of all the life of God himself - life which sustains us not only now in this age but also in the age to come. The Rabbis said that the generation in the wilderness have no part in the life to come. In the Book of Numbers it is recorded that the people who refused to brave the dangers of the promised land were condemned to wander in the wilderness until they died. The Rabbis believed that the father who missed the promised land also missed the life to come. God sustained the Israelites in the wilderness with manna from heaven. This bread foreshadowed the true heavenly bread which Jesus would offer his followers.

Jesus makes a claim only God can make: He is the true bread of heaven that can satisfy the deepest hunger we experience. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. The manna in the wilderness sustained the Israelites on their journey to the Promised Land. It could not produce eternal life for the Israelites. The bread which Jesus offers his disciples sustains us not only on our journey to the heavenly paradise, it gives us the abundant supernatural life of God which sustains us for all eternity.

When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood and partakers of his divine life. Ignatius of Antioch (35-107 A.D.), an early church father and martyr, calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (Ad Eph. 20,2). This supernatural food is healing for both body and soul and strength for our journey heavenward.

Jesus offers us the abundant supernatural life of heaven itself - but we can miss it or even refuse it. To refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the bread of heaven is not only life and spiritual nourishment for this world but glory in the world to come. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist or Lord's Supper is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

**Prayer:** Lord Jesus, you are the living bread which sustains me in this life. May I always hunger for the bread which comes from heaven and find in it the nourishment and strength I need to love and serve you wholeheartedly. May I always live in the joy, peace, and unity of the Father, Son, and Holy Spirit, both now and in the age to come. **source: mobilegabriel.com**



MASS TIMES 12 - 18 August 2024		
MONDAY	9.00 AM	ST LUKE'S CHURCH, CAPALABA
TUESDAY		<b>NO MASS</b>
WEDNESDAY	5.00 PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
THURSDAY		<b>NO MASS</b>
FRIDAY	9.30 AM	ST MARY MACKILLOP CHURCH, BIRKDALE (Anointing Mass 2nd Friday monthly)
SATURDAY	4.30 PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
	6.15 PM	ST MARY MACKILLOP CHURCH, BIRKDALE
SUNDAY	7:00 AM	ST LUKE'S CHURCH, CAPALABA
	8:00 AM	ST MARY MACKILLOP CHURCH, BIRKDALE
	9:00 AM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS

**The Sacrament of Reconciliation**  
**MONDAY 8.30am:** St Luke's Church, Capalaba  
**SATURDAY 5.45pm:** St Mary MacKillop Church, Birkdale  
**SATURDAY 4.00pm:** St Anthony's Church, Alexandra Hills  
 or **By Appointment call: 3820 0100**

**Eucharistic Adoration**  
 First Friday of the month (10.00am to 11.00am), at St Mary Mackillop Church BIRKDALE. **Next Adoration 6th September**

**Scripture Readings**  
**19th Sunday in Ordinary Time**  
 First Reading: I Kg 19:4-8  
 Psalm: 33:2-9  
 Second Reading: Eph 40:30 - 5:2  
 Gospel: John 6:41-51

*We pray for all those who are sick, especially, Di Simmons Gwen and John Dillon, Teresa Rafter, Sharon MacKenzie, Lew Harris, Silvia Mata Ruano, Joan Burke, Paul Norton, Blendina Gabriel, Julie Vincent, Josephine Murphy, Matthew Scott, Bernadette Gick.*

*We remember and pray for all the departed beloved ones especially..... Matilda Sequeira, Margaret (Peg) Green and Ron Green (anniversary), Maureen Holland, Mario Mercarello, Stan Eaton, Marie Parnell, Denis Bowman, Helen Meade, Mark Paten, Barbara Woodford, Allison Shand, Peter Kwock-Sun, Ross Davies, Dorothy Black, Felix Aguiar, Paula Vella, Alan Lowndes, John Plettell, John Dimech, Antonino Di Raimondo, Zita Cilvanas, Gisela Kostic, Michael Nolan, Shona Kwock-Sun, Departed members of Kakucska Family, departed members of the Alberto family.*  
 To add the name of your beloved departed to the list, Please Email: [alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au)

**Support Your Parish:** Thank you so much to all who support our Parish financially. Our bank account details are: **BSB:064 786, Account No: 1000 17592, Account Name: Alexandra Hills Capalaba Parish.** Kindly reference your deposit with your surname. To join a direct debit and Planned giving programme please contact the Parish office.

STOPline Service  
 1300 304 550  
[www.bne.catholic.stoplinereport.com](http://www.bne.catholic.stoplinereport.com)

"The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and safeguarded by all.  
**STOPline: 1300 304 550 Email: AOB@stopline.com.au**

**Anointing Mass**  
 We will have the special Anointing Mass on the Second Friday of every Month. Next celebration will be at 9.30 am, on Friday, **16th August 2024 (3rd Friday for August only)**, at St Mary Mackillop Church, Birkdale.

**Acknowledgement of Traditional Owners**

The Archdiocese of Brisbane acknowledges the Traditional Owners of the country upon which the Archdiocese lies and recognises their continuing connection to land, waters and culture. The Archdiocese pays respects to their Elders past, present and emerging.

**Parish Prayer Groups**  
**Monday 1:00pm** Rosary at St Mary MacKillop.  
**Tuesday 11:30am** Rosary at St Luke's.  
**Wednesday 11:00am** Rosary at St. Mary MacKillop.  
**3:30pm** Prayer of Two Hearts at St Anthony's.  
**4:00pm** Rosary at St Anthony's.  
**Friday 9:00am** Rosary at St Mary MacKillop.  
**Friday 10:00 am** Divine Mercy at St Mary MacKillop.

**Sacramental Programme for children 2024**  
**St Anthony and St Luke's Parish**

**CONFIRMATION:** For Students in Year 3 or above  
**18th August: 10:15am Workshop (following Mass at St Anthony's)**  
 Date of Confirmation - **THURSDAY, 12<sup>th</sup> SEPTEMBER 2024 @ 6.30 pm**  
 Please keep our Sacramental families in your prayers as they prepare for Confirmation

**PENANCE (Reconciliation):** For Children who received Holy Communion in 2023 or before.  
 Parent Information Night- **THURSDAY, 10<sup>th</sup> OCTOBER 2024 @ 7pm,**  
 St Anthony's Church  
 Date of Reconciliation - **THURSDAY, 7<sup>th</sup> NOVEMBER 2024 @ 6pm**

**The Assumption of the Blessed Virgin Mary**

**Mass for the Solemnity of the Assumption of the Blessed Virgin Mary**

will be celebrated on  
**Thursday 15th August at 6:00pm**  
 at **St Anthony's Church, Alexandra Hills**

**Parish Office**

The Parish office (located at 12 Hardy Rd, Birkdale) will be closed on **Monday 12th August** for EKKa Show Day Public Holiday. If you have an urgent matter, please phone the Parish Office on 3820 0100 and select Option 3.

**Mass of Anointing**

**ANOINTING MASS** will be celebrated on **Friday 16th August** at 9.30am at St Mary MacKillop Church, Birkdale  
**ALL ARE WELCOME**

**CAN YOU HELP??**  
 Our Parish is looking for people to take Communion to the residents at the Capella Bay Residential Care facility at Capalaba. Commitment of one visit per month. Training will be provided. The successful volunteer will need to complete on line safeguarding training and obtain a clear-police check. Please contact Margaret on 0419 735 108 or email the parish office [alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au) if you can help with this important ministry.

**LADIES GROUP NEWS**

**LADIES GROUP INVITES YOU TO**  
 Join other members of the parish for **Lunch at the Bush Pantry My Horizon**, Runnymede Rd, Capalaba. Wednesday 21st August 2024 at 11.30am. All Welcome!  
 Please RSVP by **Sunday 19th August** to Trish 0438 863 296 or Margaret 0412 161 924. Transport can be arranged if required.

**ANNUAL CATHOLIC CAMPAIGN**

Next weekend, our parish is delighted to support the Annual Catholic Campaign. It is the one time a year that all of the parishes in the Archdiocese come together to help vital works of our church and the local community. Funds raised will support ministries that directly impact this parish. The Campaign supports training future priests, caring for our elderly and retired priests, helping local families in dire need access a Catholic education and caring for those suffering physically and emotionally in our community.

**HOLY SPIRIT SEMINARY**  
 With your gift, you help educate our ordained leaders of the future. These men need to be formed to be the ministers of Christ's mercy, through your care, you make that possible.

18 August 2024 [catholiccampaign.com.au](http://catholiccampaign.com.au)

**Mass Intentions**  
 Envelopes are available from the Parish Office and at the entrance of the Church. Please **PRINT** the NAME and DATE.