



Reconciliation Action Plan (RAP)  
Information Session  
on Wednesday 28th February at 6:30pm  
in St Anthony's Church.  
ALL WELCOME!!!!!!!



First Sunday of Lent  
17 & 18 February



This year, Project Compassion brings you the stories of three resilient women: Ronita from the Philippines, Leaia from Samoa and Memory from Malawi. While from three different corners of the world and facing vastly different challenges, they are all united by one dream: to create a better world for all future generations.

Please donate to Project Compassion.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) or by calling 1800 024 413.

#### LADIES GROUP INVITES YOU TO

Join other members of the parish for  
**Lunch at the Bush Pantry @ My Horizon,**  
Runnymede Rd, Capalaba.

Wednesday 21st February 2024 at  
11.30am. All Welcome!

Please RSVP by **Sunday 18th February**  
to Trish 0438 863 296 or Margaret  
0412 161 924



### Parish Hall Rental

Did you know you can privately hire the  
St. Anthony's & St Luke's Church Hall at  
Alexandra Hills

for special functions and events?

For more information please contact  
the Parish office:

Email: [alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au)



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#### Mass Intentions:

Envelopes are available from the Parish  
Office and at the entrance of the Church.  
Please PRINT the NAME and DATE.



### Are you New to the Parish?

If you are new to the Parish, please fill this form and drop it in the collection Plate  
or give us your details by phone on 3820 0100 or  
email: [alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au) The Parish Office will then be in touch with  
you and also send you our weekly newsletter.

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_



## St Anthony & St Luke's Catholic Parish Alexandra Hills and Capalaba

"Guided by the Holy Spirit, St Anthony and St Luke's Catholic Parish is a diverse community, called to be an  
inclusive Eucharistic People who will live out our Baptismal call as disciples of Jesus Christ."

St Anthony Drive, Alexandra Hills, Qld 4161 Phone: 3820 0100 Email: [alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au)

Web: [www.stanthonyandstluke.org.au](http://www.stanthonyandstluke.org.au)

Facebook: St Anthony and St Luke's Parish

#### Parish Churches

St Anthony's Church  
St Anthony Drive,  
Alexandra Hills Q 4161

&

St Luke's Church  
45 Degen Road, Capalaba Q 4157

#### Parish Office

#### Office Hours

Contact through Email or Phone

(07) 3820 0100

[alexhillscap@bne.catholic.net.au](mailto:alexhillscap@bne.catholic.net.au)

#### Parish Personnel

Fr Regimon Gervasis MCBS

Parish Administrator

[gervasisr@bne.catholic.net.au](mailto:gervasisr@bne.catholic.net.au)

Fr. Prem Kumar

Associate Pastor

Kathy Metzen

Workplace Health & Safety

Inez Barry

Safeguarding Officer

[lsr.alexhillscap@bne.catholic.net.au](mailto:lsr.alexhillscap@bne.catholic.net.au)

#### Education

St Anthony's Catholic Primary School  
Phone: 3820 1200

Email: [palexhills@bne.catholic.edu.au](mailto:palexhills@bne.catholic.edu.au)

St Anthony's Kindergarten

Phone: 3824 5061

Address: St Anthony's Drive,  
Alexandra Hills

St Luke's Catholic Primary School

Phone: 3245 9595

Email: [pcapalaba@bne.catholic.edu.au](mailto:pcapalaba@bne.catholic.edu.au)

St Luke's Catholic Child Care Centre

Phone: 3245 3300

Address: 45 Degen Road, Capalaba

#### 18th February 2024

#### First Sunday of Lent

The purple colours, the ashes and sticks,  
the lack of flowers, crosses everywhere,  
all remind us that the season of Lent is  
embarked on once again with the cele-  
bration on the "Ash Wednesday".

Forty days of the Lent: a season of in-  
ward looking and spiritual stock taking,  
which takes us to the great  
light of Easter. We begin Lent once more,  
Days of Prayer, Fasting  
and Good deeds.

The first Sunday of lent this year is with a reading from the Noah  
section of Genesis. Even still, the goodness of one man, Noah, kept  
God from destroying humankind. Humanity would eventually  
reach salvation through water, the water of baptism.

This is the covenant with Noah and us. God will not give up on us.  
And we can't give up on ourselves. We have fallen in the past, and  
we convince ourselves that we do not have the power to fight off  
when temptation shows up. When we fail, we have to forgive  
ourselves, true, but we have to take responsibility for what we do  
and seek forgiveness from others and, ultimately, from God.

God promised Noah and us that he will never give up on us. He  
loves us too much to give us up. No matter what our particular  
temptation in life is, we can withstand it as long as we face up to it  
with the Lord.

Although we are tempted continually, and although we may have  
failed in the past, we have no right to give up on ourselves. No  
matter what mistakes we may have made, God still is there trying  
to keep us from falling.

Jesus was out in the desert with the wild beasts. And angels  
ministered to him. During Lent we reflect on what the wild beasts  
are in our lives. What are the particular things that devour our spir-  
itual life? With the help of the angels, with God's love we can and  
will fight them off.

That is what Lent is all about: spending forty days putting up the  
fight, fighting off the beasts, preparing to announce the  
Kingdom. We can do it. We can change. His mission for us  
demands it. His love for us makes it possible.

Today we are warned about selfishness, power and pride, three  
different temptations in the desert, in life which is faced by  
everyone. The lent calls us to prayer, fasting and charity, which is  
the way to overcome our temptations. we pray that this Lent we  
allow God to work his wonders in us. Look at the rainbow.  
God has not given up on us. We cannot give up on ourselves..

Lord's Blessings, Fr Regi





MASS TIMES 19– 25 February 2024		
MONDAY	9.00 AM	ST LUKE'S CHURCH, CAPALABA
TUESDAY	6:00PM	ST MARY MACKILLOP CHURCH, BIRKDALE
WEDNESDAY	5.00 PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
THURSDAY	9.00 AM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
FRIDAY	9.30 AM	ST MARY MACKILLOP CHURCH, BIRKDALE
SATURDAY	4.30 PM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS
	6.15 PM	ST MARY MACKILLOP CHURCH, BIRKDALE
SUNDAY	7:00 AM	ST LUKE'S CHURCH, CAPALABA
	8:00 AM	ST MARY MACKILLOP CHURCH, BIRKDALE
	9:00 AM	ST ANTHONY'S CHURCH, ALEXANDRA HILLS

### The Sacrament of Reconciliation

**MONDAY** 8.30am: St Luke's Church, Capalaba  
**TUESDAY** 5.30pm: St Mary MacKillop Church, Birkdale  
**SATURDAY** 4.00pm: St Anthony's Church, Alexandra Hills  
or By Appointment call: 3820 0100

### Anointing Mass

We will have the special Anointing Mass on the Second Friday of every Month.  
Next celebration will be at 9.30 am, on Friday, **8th March 2024**, at St Mary MacKillop Church, Birkdale.



### Eucharistic Adoration

First Friday of the month (10.00am to 11.00am), at St Mary MacKillop Church BIRKDALE



### Scripture Readings

*First Sunday of Lent*  
First Reading: Gen 9:8-15  
Ps 24:4-9  
Second Reading: 1 Pet 3:18-22  
Gospel: Mark 1:12-15



### Acknowledgement of Traditional Owners

The Archdiocese of Brisbane acknowledges the Traditional Owners of the country upon which the Archdiocese lies and recognises their continuing connection to land, waters and culture.  
The Archdiocese pays respects to their Elders past, present and emerging.


### Parish Prayer Groups

**Monday** 1:00pm Rosary at St Mary MacKillop.  
**Tuesday** 11:30am Rosary at St Luke's.  
**Wednesday** 11:00am Rosary at St. Mary MacKillop.  
3:30pm Prayer of Two Hearts at St Anthony's.  
4:00pm Rosary at St Anthony's.  
**Friday** 9:00am Rosary at St Mary MacKillop.  
Friday 10:00 am Divine Mercy at St Mary MacKillop.

**We pray for all those who are sick, especially,**  
Blendina Gabriel, Josephine Murphy, Denis Bowman, Julie Vincent, Matthew Scott and Bernadette Gick.

**We remember and pray for all the departed beloved ones especially.....**  
**Helen Meade, Christopher Lees, Mark Paten, Barbara Woodford, Allison Shand, Peter Kwock-Sun, Ross Davies, Dorothy Black, Felix Aguiar, Paula Vella, Alan Lowndes, John Plettell, John Dimech, Antonino Di Raimondo, Zita Cilvanas, Gisela Kostic, Michael Nolan, Len Murphy, Shona Kwock-Sun, Trish Rooney, Menuli Perera, Maria Harris, Departed members of Kakucska Family, departed members of the Alberto family.** **To add the name of your beloved departed to the list, Please Email: alexhillscap@bne.catholic.net.au**

**Support Your Parish:** Thank you so much to all who support our Parish financially. Our bank account details are: **BSB:064 786, Account No: 1000 17592, Account Name: Alexandra Hills Capalaba Parish.** Kindly reference your deposit with your surname.  
To join a direct debit and Planned giving programme please contact the Parish office.



**STOPLine Service**  
STOPLine receives information about suspected abuse, harm and other serious misconduct by Archdiocesan workers (including priests, religious, employees and volunteers). Information can be shared anonymously.  
1300 304 550 AOB@stopline.com.au  
www.bneecatholic.stoplinereport.com

"The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and safeguarded by all.


**STOPLine: 1300 304 550 | Email: AOB@stopline.com.au**

**PIETÀ** contains daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to the longer-form Sunday Scripture readings, reflections, prayers, questions and visio divina that traditionally form part of Lenten group gatherings. Individual books will be available to purchase or you are welcome to join either of the Parish Lenten Groups that will be following the programme:-

**Mondays at St Luke's, Capalaba.**  
Weekly gatherings will be at 7:00pm

**Wednesdays at St Mary MacKillop, Birkdale**  
Weekly gatherings will be at 11:00am

Please contact the parish office at Birkdale if you have any enquiries:-



*Pietà*  
LENTE PROGRAM 2024

## Sacramental Programme for children 2024

### St Anthony and St Luke's Parish

#### FIRST HOLY COMMUNION:

*For Children who received Confirmation in 2023 or before.*

**Parent Information Night:** THURSDAY, 14<sup>th</sup> MARCH 2024 @ 7 pm, St Anthony's Church

**First Holy Communion-** SATURDAY, 25<sup>th</sup> MAY 2024 @ 4.30pm and SUNDAY 26<sup>th</sup> MAY 7am & 9am.



#### CONFIRMATION:

*For Students in Year 3 or above*

**Parent Information Night –** THURSDAY, 11<sup>th</sup> JULY 2024 @ 7pm, St Anthony's Church

**Date of Confirmation -** THURSDAY, 12<sup>th</sup> SEPTEMBER 2024 @ 6.30 pm



#### PENANCE (Reconciliation):

*For Children who received Holy Communion in 2023 or before.*

**Parent Information Night–** THURSDAY, 10<sup>th</sup> OCTOBER 2024 @ 7pm, St Anthony's Church

**Date of Reconciliation -** THURSDAY, 7<sup>th</sup> NOVEMBER 2024 @ 6pm



**\*For more information, please Contact the Parish Office.\***  
**Phone: 07-3820-0100 OR Email: alexhillscap@bne.catholic.net.au**

### World Day of Prayer 2024

#### Palestine

"I beg you...bear with one another in love"



Friday 1 March 2024  
The Salvation Army Bayside, 1-9 Macarthur Street, Alexandra Hills  
11:30am  
Refreshments provided after the service  
**LOCAL CONTACT 0412 999 744**  
Contact baysidesalvos@salvationarmy.org.au for more information

### 2ND RITE OF RECONCILIATION

All are invited to the 'The second Rite of Reconciliation', on **TUESDAY, 19th March** at 6:30pm, at Mary MacKillop Church, 12 Hardy Rd, Birkdale.



### PARISH VISITING PROGRAMME

Our Parish offers Communion/visits to the Sick at Homes, hospitals or Residential Care facilities. Please email the **Parish Office: alexhillscap@bne.catholic.net.au** if you would like to arrange for a Priest or Communion Minister visit.