



# St Anthony & St Luke's Catholic Parish

## Alexandra Hills and Capalaba, Newsletter 18th July 2021

### Mission Statement

*"Guided by the Holy Spirit, St Anthony and St Luke's Catholic Parish is a diverse community, called to be an inclusive Eucharistic People who will live out our Baptismal call as disciples of Jesus Christ."*

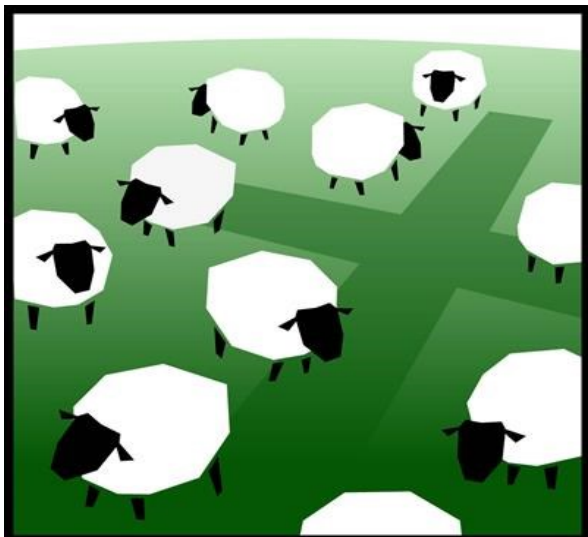
#### Sixteenth Sunday in Ordinary Time Year B

**First Reading**  
Jeremiah 23:1-6

**Psalms**  
22

**Second Reading**  
Ephesians 2:13-18

**Gospel**  
Mark 6:30-34



#### Parish Office

Behind St Anthony's Church  
St Anthony Drive, Alexandra Hills

##### Office Hours

**Saturday, Sunday & Monday - CLOSED**

Tuesday and Friday - 9am to 2pm

Wednesday and Thursday -  
9am to 4pm

**Parish Office Phone:** 3820 0100

**Website:**

<https://stanthonyandstluke.org.au/>

**Facebook:**

<https://www.facebook.com/St-Anthonys-and-St-Lukes-Parish-233709987932443/>

**Fr Emmanuel Ayankudy CMI**  
pp.alexhillscap@bne.catholic.net.au

**Trish Stapleton (Pastoral)**  
Tues to Thurs 9:00am to 2:00pm  
pa.alexhillscap@bne.catholic.net.au

**Maria Mendez Villalta (Secretary)**  
alexhillscap@bne.catholic.net.au

**Inez Barry (Safeguarding)**  
lsr.alexhillscap@bne.catholic.net.au

**Kathy Metzen (WHS)**  
alexhillscap@bne.catholic.net.au



#### Scripture Reflection

### 'You must come away ... and rest for a while'

The readings this week offer a welcome invitation to spend more time with our loving Lord who is our shepherd, and in whom we find nourishment, shelter, and peace for our minds and bodies.

In the **First Reading**, the prophet Jeremiah introduces the image of the Shepherd-King, who gathers, nourishes, and sets us free from fear. The image of a God who restores, revives, guides, protects, feeds, anoints, and longs for us to dwell in God's presence forever, is proclaimed in today's beautifully familiar Psalm. The **Second Reading** reinforces the image of a people being gathered in and restored to a peaceful relationship with and through Christ Jesus. Through this relationship we are all united in the Spirit with the Father.

The **Gospel** scene is a perfect example of the Spirit at work in Jesus, as he compassionately responds to both the needs of his disciples and of his needy flock. Jesus recognises both the need for his beloved followers to be refreshed and restored in the stillness of his presence, and the need to respond with compassion to those who feel lost and are in need of his guidance.

Perhaps we can recognise this same dynamic in the expression of our own faith, as we ourselves need to make time to be still with the Lord, yet are also called to be active participants in his ongoing mission.

Let us pray for each other. May we have the wisdom to spend our time in a sustaining balance of both contemplation and action as we live out our faith, trusting that Jesus the Good Shepherd will be our guide. 'Come ... rest for a while in his presence ...'

Prepared by St Beuno's Outreach in the Diocese of Wrexham, used with permission.



#### V9 Holy Hour - A Journey of Good News



This year Vocation Brisbane is promoting vocations throughout the diocese, in a progressive style event: V9 Holy Hour which runs until August 1.

In support of this initiative, our parish will be holding a short time of Eucharistic adoration with prayer for vocations straight after Masses on the weekend of the 24th & 25th July.



## World Day for Grandparents and the Elderly



On January 31, 2021, Pope Francis announced a new celebration in honour of all grandparents and the elderly, who are so important to our communities and our Church. This new World Day for Grandparents and the Elderly will be celebrated every year on the fourth Sunday in July.

Today, the Vatican has released Pope Francis' message for the first ever World Day for Grandparents and the Elderly, which will be celebrated on Sunday, July 25, 2021. Pope Francis has also granted a plenary indulgence to

grandparents, the elderly, and all those who participate in a solemn celebration of this day as well as to those who spend time (actually or virtually) with an elderly brother or sister in need on this day.

[Plenary Indulgences on World Day of Grandparents and the Elderly](#)

[Pope Francis' message for the First World Day for Grandparents and the Elderly](#)

## Celebration of the Year of St Joseph - An Invitation to all!



We are inviting all to a Deanery function to celebrate

*"The Year of St Joseph"*

**Day: Saturday 4th September 2021**

**Time: 8:30am Check-in for 9:00am start to 12:00pm**

**Venue: St Mary MacKillop Parish Hall Birkdale**

It will be a special morning of reflection, prayer and friendship.

**Our Parish will celebrate the Year of St Joseph**

At all Parish Masses on the weekend of the 4th and 5th September.

With a special blessing to all our Fathers.

Eventbrite booking required for the Deanery Function on Saturday 4th September. Bookings open on Monday 19th July at 9:00am.

<https://www.eventbrite.com.au/e/celebration-of-the-year-of-st-joseph-tickets-163314013611>

## Ignite Conference 2021

Every year, Ignite Youth hosts one of Australia's most powerful Catholic youth conferences. Ignite Conference draws together a network of high schoolers, young adults, ministry leaders, families, teachers, priests, and religious from around the country, sending them out with a passion for authentic faith in Jesus.

The elements of Conference are designed to be inviting, challenging and allow people to encounter a real and present God in their midst.

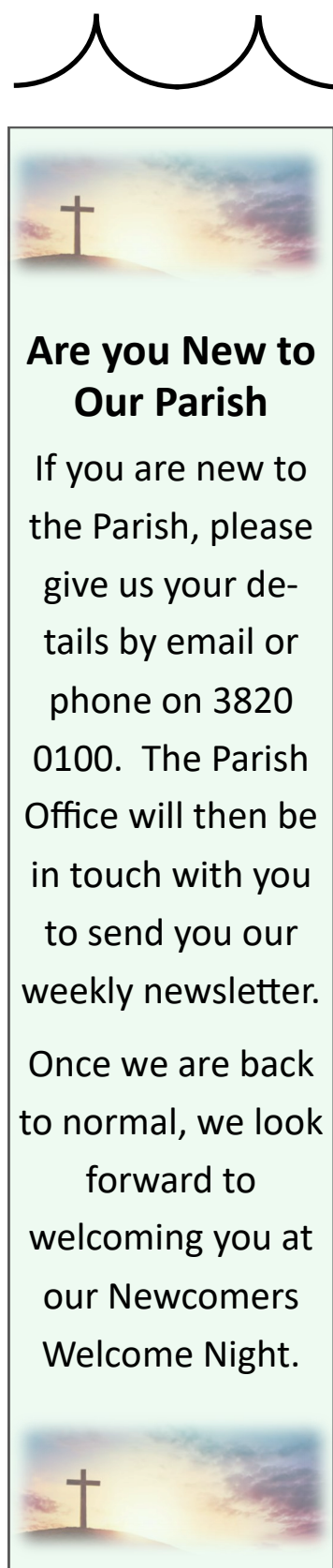
"82% of previous delegates weren't sure what they believe prior to Conference, and since attending Conference now have a personal relationship with God."



## Penance for Older Children [Celebrating the First Rite of Reconciliation]

Date	Venue	Event	Topic
Wednesday 14 <sup>th</sup> July 2021	7.00 pm St Anthony's Church	Parents Information Evening	Penance for Older Children
Wednesday 21 <sup>st</sup> July 2021	3.30 pm St Luke's Church	Penance for Older Children	Session 1 & 2
Wednesday 21 <sup>st</sup> July 2021	6.00 pm St Luke's Church	Penance for Older Children	Session 1 & 2
Wednesday 4 <sup>th</sup> August 2021	3.30 pm St Luke's Church	Penance for Older Children	Session 3 & 4
Wednesday 4 <sup>th</sup> August 2021	6.00 pm St Luke's Church	Penance for Older Children	Session 3 & 4
Wednesday 18 <sup>th</sup> August 2021	7.00 pm St Anthony's Church	1 <sup>st</sup> Rite of Reconciliation	Individual Confession

"The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and safeguarded by all."



## Are you New to Our Parish

If you are new to the Parish, please give us your details by email or phone on 3820 0100. The Parish Office will then be in touch with you to send you our weekly newsletter.

Once we are back to normal, we look forward to welcoming you at our Newcomers Welcome Night.



## Scripture Readings for Next Sunday

Seventeenth Sunday in Ordinary Time Year B

**First Reading**  
2 Kings 4:42-44

**Psalm**  
144:10-11, 15-18

**Second Reading**  
Ephesians 4:1-6

**Gospel**  
John 6:1-15



## Weekly Offerings

Dear Parishioners, thank you for supporting the parish.

- Please try the new Parish Giving Portal located on our Website or via link below.  
<https://parishgiving.brisbanecatholic.org.au/auth/login>
- Please continue to use the Direct Debit, Direct Deposit or envelopes at the collection box during mass. You can bring offerings directly to the Parish office.

Should you wish to set up a direct debit in place of your envelope offering, please contact the Parish Office for a direct debit form.

Direct debits can be made from either your savings account or credit card.

Should you wish to make a one off donation to our parish, our bank account details are as follows:



**Planned Giving**

**BSB: 064786 Account Number: 100017590**  
**Account Name: Alexandra Hills Capalaba Parish Planned Giving.**  
**Offerings from last week/weekend are: \$1,980.57**

(Giving App, Direct Debits and Credit Cards)

God bless you and thank you for your generosity

## 2nd Rite of Reconciliation



**Reconciliation** (officially called the Sacrament of Penance, and also known as Confession) is a Sacrament instituted by Jesus

Christ in his love and mercy to offer us forgiveness for the times we have sinned and turned away from God. At the same time, we are reconciled with the Church because it is also wounded by our sins. Every time we sin, we hurt ourselves, other people and God. In Reconciliation, we acknowledge our sins before God and the Church. We express our sorrow in a meaningful way, receive the forgiveness of Christ and his Church, make reparation for what we have done, and resolve to do better in the future.

**Wednesday 8th of September 2021**  
**7:00pm @ St Luke's Church**

**Wednesday 24th of November 2021**  
**7:00pm at St Anthony's Church**

## Date Claimer



You are invited to a **DEVONSHIRE TEA** in the Parish Hall beginning at 10am on Wednesday 21st July.

BYO cup or mug. Entry via cash donation or gift of toiletries. All proceeds to charity. Bookings are essential as numbers are limited.

Don't forget your masks.

RSVP to Jackie Hardy 0412 999 744

## A Stewardship Moment

**July 18, 2021**

**16th Sunday in Ordinary Time Year B**

**"He said to them, "Come away by yourselves to a deserted place and rest a while." MARK 6:31**

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.



(Accessed on July 13, 2021 from <https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>)

## Centacare - Volunteer Opportunity

**Mental health pastoral care - volunteer opportunity with Centacare**

The Centacare mental health hub at 58 Morgan Street Fortitude Valley is open every morning from 9am – 12pm to offer a place that feels like home for people seeking better mental well-being. The morning is centred around prayer and a short liturgy of the Word combined with morning tea, conversation and various activities.

If you would like to know more about volunteering for one morning per week at the mental health hub where you will be supporting trained mental health pastoral carers please email: [adminpas-min@bne.catholic.net.au](mailto:adminpas-min@bne.catholic.net.au) or phone: 3324 3193

## FAN THE FLAME

Towards the Plenary Council First Assembly, October 2021

Plenary Council  
Listen to what the Spirit is saying...

[www.plenarycouncil.catholic.org.au/fanthe flame/](http://www.plenarycouncil.catholic.org.au/fanthe flame/)

## Fan the Flame

Towards Plenary Assembly One October 2021

**'You must come away to some lonely place all by yourselves and rest for a while'**  
**Mark 6:30-34**

Our Aboriginal culture has taught us to be still and to wait... We wait for the rain to fill our rivers and water the thirsty earth... We wait on God, too. We don't worry. We know that in time and in the spirit of dadirri (that deep listening and quiet stillness) his way will be clear.

(Miriam-Rose Ungunmerr, "Dadirri: Inner Deep Listening and Quiet Still Awareness", Miriam-Roes Foundation, accessed 23 April 2021, <https://www.miriamrosefoundation.org.au/about-dadirri/>)

[www.plenarycouncil.catholic.org.au/fanthe flame/](http://www.plenarycouncil.catholic.org.au/fanthe flame/)

## Best wishes and prayers

To all the members of our Parish Community who are celebrating their Birthdays and Wedding Anniversaries in the Month of July. Congratulations!!!

## Please pray for...



Nicholas Culpeper, Kerry Ann See, Mary Ford, Max Veal, Kerry Balcombe, Jane Martin, Anthony [Tony] Conner, Fr

Ray Sanchez, Des Stapleton, Margaret Hobbs, David Haley, Norma Adams, Peter Maciejewski, Ailsa Jensen, Niamh Hughes, Sharon MacKenzie, Luis Mendez, Sonia Mendez and Samuel Tyler along with all those in our community who are ill, and those who seek healing in their lives and for all those who care for them.

**We commend those who have recently died, Julie Ann Mansfield to the loving embrace of God.**

**We pray for all those whose anniversaries occur at this time.**

If you wish to have a loved one's name mentioned in the parish newsletter for an anniversary, a remembrance or a prayer for the sick, please contact the Parish Office on 3820 0100.



**Note: All names for prayers will remain in the newsletter until notified to remove them.**

**To request Masses to be offered for the sick, dying, deceased or for special intentions please contact the Parish Office.**

## Newsletter available via Email!

Why not contact the Parish Office on 3820 0100 and ask to be added to our emailing list to ensure you receive a copy of the newsletter each week.

You are also able to view our weekly newsletter on our website  
[www.stanthonyandstluke.org.au](http://www.stanthonyandstluke.org.au)

Parish Details	Week at a glance		
<b>Alexandra Hills</b> St Anthony's Catholic Church St Anthony Drive, Alexandra Hills Q 4161 <b>Capalaba</b> St Luke's Catholic Church 45 Degen Road, Capalaba Q 4157 	MONDAY	19 July	<b>Parish Office Closed</b>
	TUESDAY	20 July	9:00am 11:30am <b>7:00pm</b> <b>7:00pm</b> Mass - St Luke's Rosary - St Luke's <b>Baptism Preparation St Anthony's Church</b> <b>Pastoral Council Meeting</b>
	WEDNESDAY	21 July	9:00am 10:00am <b>3:30pm</b> <b>6:00pm</b> Mass with 6J and 1J - St Anthony's Devonshire Tea - St Anthony's Parish Hall <b>Penance Workshop - St Luke's Church</b> <b>Penance Workshop - St Luke's Church</b>
	THURSDAY	22 July	4:30pm Rosary followed by Mass - St Anthony's <i>Saint Mary Magdalene</i>
	FRIDAY	23 July	9:00am <b>7:00pm</b> Mass with 5Blue - St Luke's <b>Redlands Deanery Youth Night -</b> <b>St John Vianney's School Hall Manly</b>
	SATURDAY	24 July	<b>4:30pm</b> <b>6:00pm</b> <b>V9 Holy Hour</b> Mass - St Anthony's <b>V9 Holy Hour</b> Mass - St Luke's
	SUNDAY	25 July	7:00am 9:00am <b>World Day for Grandparents and the Elderly</b> <b>V9 Holy Hour</b> Mass - St Luke's <b>V9 Holy Hour</b> Mass - St Anthony's
<b>Parish Mass Times</b> <b>WEEKEND</b> <b>St Anthony's Church, Alexandra Hills</b> Saturday 4.30pm Sunday 9.00am <b>St Luke's Church, Capalaba</b> Saturday 6.00pm Sunday 7.00am <b>WEEKDAY</b> Monday NO MASS Tuesday 9:00am St Luke's Wednesday 9:00am St Anthony's Thursday 4:30pm Rosary followed by Mass St Anthony's Friday 9:00am St Luke's <b>WEEKDAY - School Masses</b> <b>(Refer to Weekly Newsletter)</b>	<b>Peter Pence Collection is an annual collection of the Catholic Church around the world. It allows the Holy Father to respond to the most needy, to offer timely, effective emergency assistance to our suffering brothers and sisters.</b>  <b>There will be a second collection this weekend 17th and 18th July for the Peter Pence Collection.</b>  <b>Thank you for your support.</b>		
<b>Reconciliation</b>	<b>Baptism for Older Children</b> <b>(Prep Year and Older)</b>		
<b>Saturday</b> St Anthony's Alexandra Hills 4:00pm - 4:30pm <b>Or by appointment</b>	 <p><b>A new initiative of our Parish family is to provide formation and preparation for school children who have not yet been Baptised.</b></p> <p>Baptism is the first sacrament. It incorporates us into the Church and through it we are 'reborn' as daughters and sons of God.</p>		
<b>Anointing Mass</b>	<p>Due to many different reasons, we understand, that you may not have had the opportunity to baptise your child. To this end we are offering a special opportunity for you and your child to prepare for the Sacrament of Baptism.</p> <p>Parents of Children requiring the Sacrament of Baptism for Older Children are invited to attend a parents' information meeting on one of the dates and times below:</p> <p>WEDNESDAY 25th August: either 8.35 am St Luke's Church OR 7.00 pm St Luke's Church            THURSDAY 26th August 2.30 pm St Anthony's Church</p> <p><b>If you have any questions please contact Trish, Pastoral Associate.</b>  <b>Ph: 3820 0100, email: <a href="mailto:pa.alexhillscap@bne.catholic.net.au">pa.alexhillscap@bne.catholic.net.au</a></b>  <b>Tues, Wed, Thursday 9.00 am-2.00 pm</b></p>		
<b>Fourth Thursday of every 2nd month</b> St Anthony's Church. At 5:00pm			
<b>Adoration</b>			
<b>First Wednesday of the month</b> St Anthony's Church at 7:45am			
<b>Education</b>			
<b>Alexandra Hills - St Anthony Drive</b> St Anthony's Catholic Primary School 3820 1200 St Anthony's Kindergarten 3824 5061 <b>Capalaba - Degen Road</b> St Luke's Catholic Primary School 3245 9595 St Luke's Catholic Child Care Centre 3245 3300			



**Acknowledgement of Traditional Owners**

The Archdiocese of Brisbane acknowledges the Traditional Owners of the country upon which the Archdiocese lies and recognises their continuing connection to land, waters and culture.

The Archdiocese pays respects to their Elders past, present and emerging.



**STOPline**

STOPline receives information about abuse, harm and other serious misconduct by Archdiocesan workers (including priests, religious, employees and volunteers).

Information can be provided anonymously.

Phone: 1300 304 550  
 Email: [AOS@stopline.com.au](mailto:AOS@stopline.com.au)  
 Online Report: [www.bne.catholic.stoplinereport.com](http://www.bne.catholic.stoplinereport.com)

**If you think it's wrong ..... report it.**



**Safeguarding Commitment**

The Archdiocese has **zero tolerance** for all forms of abuse & is committed to safeguarding everyone involved in its activities, ministries & services.

*The safety & wellbeing of children & adults-at-risk is paramount.*



# World Community for Christian Meditation Queensland

**All are welcome to join us for an  
Introduction to Christian Meditation.**

**Take time out and join us for a morning of prayer and quiet reflection.**

***“The experience of meditation is to discover that depth within us  
which is like a deep pool of water.”***

***Fr John Main***

There will be an informal session to introduce you to Christian Meditation. Come along and ask any questions – does the Church approve of meditation? Isn't it an Eastern form of prayer? Every day I say the Rosary/go to Mass/read Scripture ... why would I need meditation? Wouldn't I be better spending the time helping others rather than sitting doing nothing? During the morning there will be an explanation of meditation with plenty of opportunity for comments and questions and a chance to 'dip your toe in the water' with a short meditation. In a friendly, informal group you can share your reactions and then stay and have lunch with fellow seekers.

**When: Saturday 31 July 2021**

**Time: 9.30 am to 12 noon**

**BYO lunch and mug for tea/coffee**

**Where: St Luke's Church, 45 Degen Road, Capalaba**

**For any queries please contact:**

**Olive Bool - 0400 358 919**

**Email: [olive.bool@bigpond.com](mailto:olive.bool@bigpond.com)**

# COVID-19

# UPDATE

As per COVID-19, everyone that is attending Mass this weekend and the following weekend are required to do the following:

- **Wear a mask**
- **Book in for Mass via Eventbrite**
- **Sign in with the QLD QR Code**
- **If you are sick or unwell, please do not attend**

Please find the Eventbrite booking links for both weekends below:

**Weekend 17th and 18th July 2021 – BOOKINGS CLOSE SATURDAY 17th JULY AT 12:00PM**

**St Anthony's 4:30pm:** <https://www.eventbrite.com.au/e/17th-july-st-anthonys-430pm-mass-tickets-162744391857>

**St Anthony's 9:00am:** <https://www.eventbrite.com.au/e/18th-july-st-anthonys-900am-mass-tickets-162745910399>

**St Luke's 6:00pm:** <https://www.eventbrite.com.au/e/17th-july-st-lukes-600pm-mass-tickets-162745116023>

**St Luke's 7:00am:** <https://www.eventbrite.com.au/e/18th-july-st-lukes-700am-mass-tickets-162745597463>

**Weekend 24th and 25th July 2021 – BOOKINGS CLOSE SATURDAY 24th JULY AT 12:00PM**

**St Anthony's 4:30pm:** <https://www.eventbrite.com.au/e/24th-july-st-anthonys-430pm-mass-tickets-163132603007>

**St Anthony's 9:00am:** <https://www.eventbrite.com.au/e/25th-july-st-anthonys-900am-mass-tickets-163136865757>

**St Luke's 6:00pm:** <https://www.eventbrite.com.au/e/24th-july-st-lukes-600pm-mass-tickets-163136731355>

**St Luke's 7:00am:** <https://www.eventbrite.com.au/e/25th-july-st-lukes-700am-mass-tickets-163136773481>