



# St Anthony & St Luke's Catholic Parish

Alexandra Hills and Capalaba

Weekly Newsletter - 7 February 2021

## 5th Sunday in Ordinary Time Year B

Visit us at [www.stanthonyandstluke.org.au](http://www.stanthonyandstluke.org.au) to find out more about our parish

### Sunday Scripture

5th Sunday in Ordinary  
Time Year B

#### First Reading

Job 7:1-4, 6-7

#### Psalm

146:1-6

#### Second Reading

1 Corinthians 9:16-19,  
22-23

#### Gospel

Mark 1:29-39



### Our Churches

#### Alexandra Hills

St Anthony's Catholic  
Church  
St Anthony Drive  
Alexandra Hills QLD 4161

#### Capalaba

St Luke's Catholic Church  
45 Degen Road  
Capalaba QLD 4157



### A message from Fr Emmanuel

## He heals the broken-hearted

*This Sunday, the readings encourage us to look more deeply into the experience of human suffering. It is only through Christ that our pain and despair can and will be transformed. Just like the people in today's Gospel, we are all longing for Christ.*

*In the **First Reading**, Job expresses despair and other sentiments. All of us can perhaps relate to these as we live through the impact of this global pandemic.*

*The **Psalm** is like an antidote to the words of loss cried out by Job. It speaks of healing for broken hearts and minds; of wounds being bound and tended by our loving God, whose wisdom extends across a universe that he knows and loves intimately.*

*In the **Second Reading**, Paul writes of how his own experience of Christ impels him to share the Good News with as many people as possible.*

*The **Gospel** continues from last week, describing the early days of Jesus's ministry in Galilee. After praying with the synagogue community, Jesus responds to the needs of human suffering that he sees all around him. He heals and brings comfort to the sick and struggling. We see how important prayer is to Jesus – and how he wants to reach out to as many people as possible, rather than becoming settled with one community.*

*This week, let us pray for the grace to respond with wisdom and compassion to the suffering and needy of our own time. May prayer be at the centre of our lives as we seek the Lord, the One who heals and transforms all things with eternal divine love.*

*Prepared by St Beuno's Outreach in the Diocese of Wrexham*



### Parish Sacramental Journey



Penance  
Reconciliation



#### CICCA [Christian Initiation of Children of Catechetical Age]

Dear parents and carers,

I am inviting **ALL parents**, whose children have not been Baptised, Confirmed, received First Communion or Reconciliation to attend a special Parents Information Meeting. It doesn't matter which church or school you attend but you may choose a time that suits you. You have three choices on **Wednesday 10<sup>th</sup> February 2021**:

- **8.40 am** at St Luke's Church, 45 Degen Road, Capalaba OR
- **1.30 pm** at St Anthony's Church, 1 St Anthony Drive, Alexandra Hills OR
- **7.00 pm** at St Anthony's Church, 1 St Anthony Drive, Alexandra Hills.

At the meeting you attend, you will hear about:

- The process for the Reception of the Sacraments in the Alexandra Hills Capalaba Parish.
- Registration and how to go about it.
- Fees for the Preparation of the Sacraments.
- Expectations and Dates for Preparation.



## Parish Mission - starts this weekend

**Reminder that our Parish Mission will begin this Saturday 6th February 2021 to Friday 12th February 2021. Check-in with the QR Code or check-in on the list when you arrive.**

**Mass Times:** Saturday 6th Feb - 4:30pm @ St Anthony's and 6:00pm @ St Luke's  
Sunday 7th Feb - 7:00am @ St Luke's and 9:00am @ St Anthony's

**Session 1** - Sunday 7th Feb 7:00pm @ St Anthony's

**Session 2** - Monday 8th Feb: 9:00am Mass St Anthony's followed by 10:00am to 12:00pm  
7:00pm to 9:00pm, St Luke's

**Session 3** - Tuesday 9th Feb: 9:00am Mass St Luke's followed by 10:00am to 12:00pm  
7:00pm to 9:00pm, St Anthony's

**Wednesday 10th February - Rest Day (no sessions)**

**Session 4** - Thursday 11th Feb: 9:00am Mass St Anthony's followed by 10:00am to 12:00pm  
7:00pm to 9:00pm, St Luke's

**Session 5** - Friday 12th Feb: 9:00am Mass St Luke's followed by 10:00am to 12:00pm  
7:00pm to 9:00pm, St Anthony's  
Including the 2nd Rite of Reconciliation

## Parish Prayer Groups in Lent

**"Comfort" URGENT ORDERS by Tomorrow: Monday 8<sup>th</sup> Feb !**

*All are invited to join in the parish prayer groups throughout Lent. This year we are using the Wollongong program. I will need to order the books by Monday. Please fill in your name, phone number and how many books you need. We can use the booklet as:*

**\*\* Small group in your home \*\* Individual Prayer \*\* Zoom group while children sleep. \*\* Resource to deeper Faith! Please call if you have any questions.**



## Children's Liturgy of the Word



Children's Liturgy is a prayerful time for children to hear, reflect and pray the Gospel at a level of understanding that suits their age. At the moment, we will have it at the **9.00 am Mass at St Anthony's**. We are working towards extending this to **St Luke's Church** once the Sacrament Program begins.

**Parents, please contact the parish office or add your name to the list in the church. I will meet with you after the 9.00 am Mass in St Anthony's Church on Sunday 14th February, where we can sort out a roster that suits everyone.**

## Communion of the Sick

We have been invited back to minister in the Nursing Homes. Our responsibility is Nandeebie, Wellington Park, Buckingham Gardens and Capalabay.

We are seeking volunteers to assist with this ministry. Trish and experienced ministers of communion will assist with your formation and training. Please contact Trish in the Parish office on [pa.alexhillscap@bne.catholic.net.au](mailto:pa.alexhillscap@bne.catholic.net.au).

This would suit part-time or retired people in our parish.

**"The Archdiocese of Brisbane holds that children, young people and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm.**

**They are to be treasured, nurtured and safeguarded by all. "**

*"Safeguarding is everyone's responsibility"*



**Have you given us a copy of your Blue Card yet?**

Please provide the Parish Office with a **copy of your Blue Card** once you've received it.

**Thank you so much.**



## Are you New to Our Parish

If you are new to the Parish, please give us your details by email or phone on 3820 0100. The Parish Office will then be in touch with you to send you our weekly newsletter. Once we are back to normal, we look forward to welcoming you at our Newcomers Welcome Night.

## Scripture Readings for Next Sunday 6th Sunday in Ordinary Time Year B

**First Reading**  
Leviticus 13:1-2,44-46

**Psalm**  
31:1-2,5,11

**Second Reading**  
1 Corinthians 10:31-11:1

**Gospel**  
Mark 1:40-45



## Weekly Offerings

Dear Parishioners, thank you for supporting the your parish.

- Please try the new **Parish Giving Portal** located on our Website or via link below.  
<https://parishgiving.brisbanecatholic.org.au/auth/login>
- Please continue to use the **Direct Debit, Direct Deposit or envelopes at the collection box during mass.** You can bring offerings directly to the Parish office.

Should you wish to set up a **direct debit** in place of your envelope offering, please contact the Parish Office for a direct debit form.

**Direct debits can be made from either your savings account or credit card.**

Should you wish to make a one off donation to our parish, our bank account details are as follows:

**BSB: 064786**

**Account Number: 100017590**

**Account Name: Alexandra Hills Capalaba Parish Planned Giving.**

**Offerings from the last weekend is: \$2, 469.57**

**(Giving App, Direct Debits and Credit Cards).**

God bless you and thank you for your generosity.

**Planned Giving**



## Please take a moment to pray for...

Jane Martin, Anthony [Tony] Conner, Leo Berge, Fr Ray Sanchez, Des Stapleton, Margaret Hobb, David Haley, Alfreda Rossouw, Norma Adams, Peter Maciejewski, Michelle Cashman, Ailsa Jensen, Niamh Hughes, John Gilbert, Wayne Harris, Sharon MacKenzie, Luis Mendez, Sonia Mendez, Mary Tucker and Samuel Tyler along with all those in our community who are ill, and those who seek healing in their lives and for all those who care for them.

**We commend those who have recently died, Humberto Cesar Villalta to the loving embrace of God.**

**We pray for all those whose anniversaries occur at this time.**

If you wish to have a loved one's name mentioned in the parish newsletter for an anniversary, a remembrance or a prayer for the sick, please contact the Parish Office on 3820 0100.

**Note: All names for prayers will remain in the newsletter for one**

**month.** To request Masses to be offered for the sick, dying, deceased or for spe-



## BEST Wishes and Prayers

**Best wishes and prayers  
To all the members of  
our Parish Community  
who are celebrating their  
Birthdays and Wedding  
Anniversaries in this  
Month of  
February.  
Congratulations!!!**

## Catholic Leader

Catholic Leader will be available from 7th of February at \$4.00 each from both churches. The Catholic Leader website catholicleader.com.au will continue to publish daily news stories.

## St Vincent de Paul

Vinnies is in urgent need of small EMPTY water bottles. These are being used to fill up with oil. These bottles then are put into the food hampers. We appreciate you giving up 10c. Please leave bottles at the back of the church. Thank you for your help.

## Newsletter available via Email!

Why not contact the Parish Office on 3820 0100 and ask to be added to our emailing list to ensure you receive a copy of the newsletter each week.

You are also able to view our weekly newsletter on our website  
[www.stanthonyandstluke.org.au](http://www.stanthonyandstluke.org.au)

## 2 Bed Unit Available

**Padua Place at Babiana Street Alexandra Hills** has a 2 bedroom unit available for rent NOW. If you are interested please contact the parish office on 3820 0100 to receive an application.

## Ladies Group

Ladies Group will meet for friendship and to share morning tea, in the Parish Hall on this Wednesday 3rd February 2021 beginning at 9.30am.

Everyone is invited.

If you have never been to a Ladies Group morning tea before, you can be assured of a very warm welcome.

Ladies Group is collecting your unopened MOTEL TOILETRIES. Please leave them at either church or at the Parish Office and they will be forwarded to Stella Maris Seafarers Mission for use in care packs gifted to seafarers.

Our knitting/crocheting ladies never slow down in their production of colourful knee rugs and beanies!

WOOL DONATIONS are required all year round and can be left at any time at the Parish Office or at either church.

## THANK YOU

**Ladies Group would like to thank everyone who supported the raffle, gift stall and online plant sales.**

**\$3494.30 was raised to restore the statue of St Anthony. A list of raffle prize winners is on the notice board of each church.**

## A Stewardship Moment

**"Brothers and sisters: I should like you to be free of anxieties."**

**1 Corinthians 7:32**

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things?

God won't necessarily give you everything you want, but He will provide everything you need.

Try this – use the word "pray" instead of the word "worry" in the future. Then pray for things instead of worrying about them.



(Accessed on January 20, 2021 from <https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>)

