



St Anthony & St Luke's Catholic Parish

Alexandra Hills and Capalaba

Weekly Newsletter - 24 May 2020

The Ascension of the Lord - Year A

Visit us at www.stanthonyandstluke.org.au to find out more about our parish

Sunday Scripture

The Ascension of the Lord

First Reading

Acts 1:1-11

Psalm

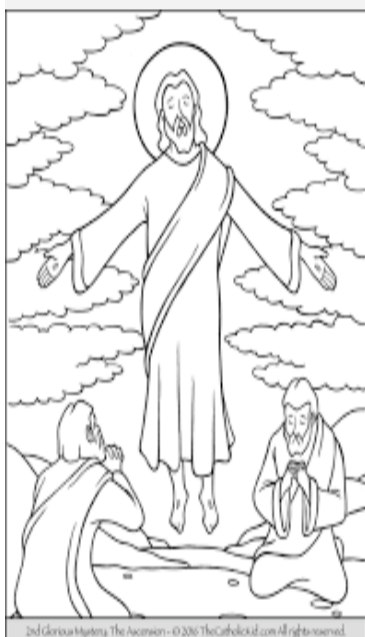
46:2-3, 6-9

Second Reading

Ephesians 1:17-23

Gospel

Matthew 28:16-20



Our Churches

Alexandra Hills

St Anthony's Catholic Church

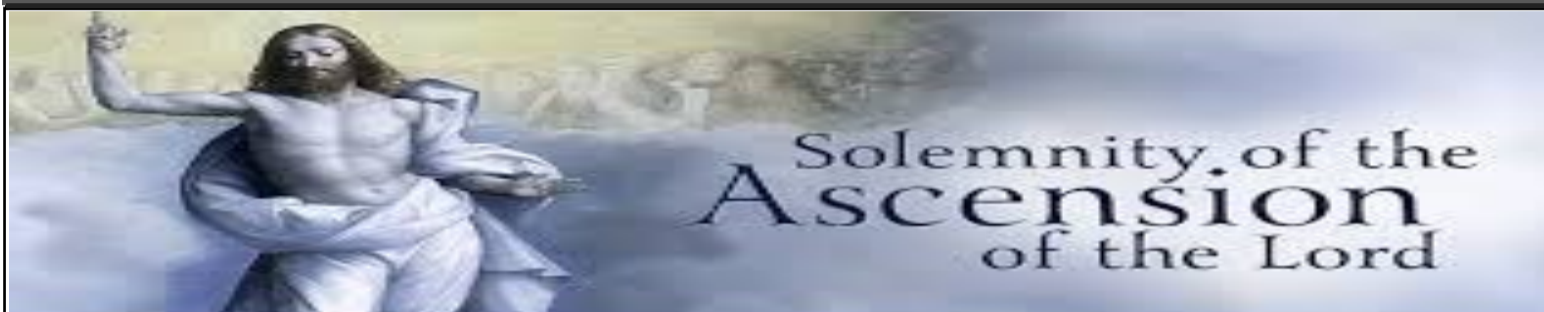
St Anthony Drive
Alexandra Hills QLD 4161

Capalaba

St Luke's Catholic Church
45 Degen Road
Capalaba QLD 4157



A Message from Fr Emmanuel



He was lifted up, and a cloud took him from their sight
(Acts: 1-9)

"I am with you always, until the end of the world"

Dear Friends,

Today we celebrate the solemn feast of the Ascension of our Lord. I wish you the blessings of the day.

This Sunday's Gospel is about Jesus ascending into heaven and the commissioning of the disciples. After completing his mission on earth Jesus goes to his father to prepare a place for us. But before his ascension, out of the warmth of his love he blessed his beloved disciples and assured them of his presence until the end of the world.

Our blessed Lord also filled his disciples with the Holy Spirit to be his apostles and to be sent to the world to bear witness to the power of his resurrection.

To be an apostle means 'to be sent to transform any situation by the power of the Gospel'. To be an apostle of Christ means to be a messenger of hope, victory of life over death and love over sin.

The Gospel tells us that the Ascension of the Lord took away the fear from the disciples and they became courageous. All this happened because of the working of the Holy Spirit in them. As we go through difficult times, let this feast give us all the grace to experience the power of the Holy Spirit who is active in our lives. Let the Spirit of Jesus fill our hearts with more love, hope and courage.

For the Latest Updates on Mass Attendance please look at page 5 of this newsletter.

Preparing for the Feast of Pentecost

Next Sunday is the feast of Pentecost. We need the abundance of the Spirit in our lives more now than ever. So to prepare ourselves for the feast of Pentecost I have put a prayer to the Holy Spirit on the second page. I encourage you say this prayer until the Feast of Pentecost.

Thank you

Last week was volunteer's week and I remembered in my Mass all the volunteers of our Parish. Once again I thank them for their voluntary and selfless service.

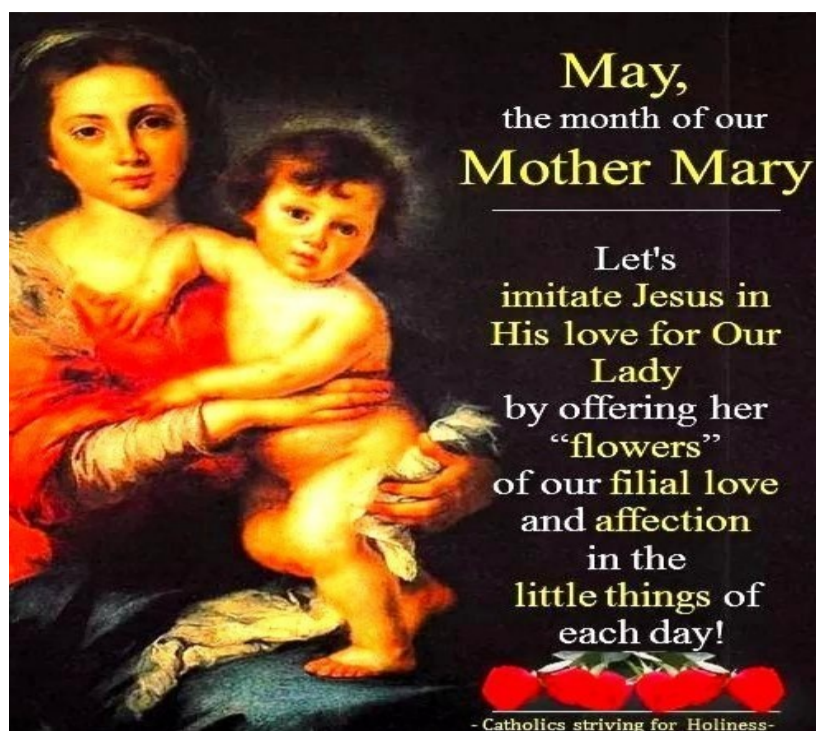
All the best for the Schools

As the whole school is going to be back in action from this week, we wish both schools of our parish a safe and healthy return. All the best...!

God Bless,

Fr Emmanuel

Ten Principal Virtues of Mary



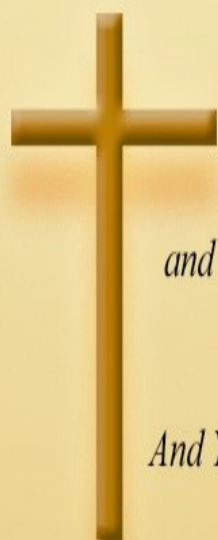
1. Deep Humility
2. Living Faith
3. Complete Obedience
4. Unceasing Prayer
5. Constant Self-denial
6. Surpassing Purity
7. Ardent Love
8. Heroic Patience
9. Angelic Kindness
10. Heavenly Wisdom



Have you given us a copy of your Blue Card yet?

Please provide the Parish Office with a copy of your Blue Card once you've received it.

Thank you so much.



Come Holy Spirit
*Come Holy Spirit,
 fill the hearts of your faithful
 and kindle in them the fire of Your love.
 Send forth Your Spirit
 and they shall be created.
 And You shall renew the face of the earth.*

Let us pray.

*O, God,
 who by the light of the Holy Spirit
 did instruct the hearts of the faithful,
 grant that by the same Holy Spirit
 we may be truly wise
 and ever enjoy his consolations.
 Through Christ our Lord.
 Amen.*

ACT OF SPIRITUAL COMMUNION

BODY + BLOOD + SOUL + DIVINITY

My Jesus,
 I believe that You
 are present in the
 Most Holy Sacrament.

I love You above all
 things, and I desire to
 receive You into my soul.

Since I cannot at this
 moment receive You
 sacramentally, come at least
 spiritually into my heart.

I embrace You as if You
 were already there and
 unite myself wholly to You.
 Never permit me to be
 separated from You.

*O my God, my only hope, I have placed all my trust in You,
 and I know I shall not be disappointed. (Diary, 317)*



Are you New to Our Parish

If you are new to the Parish, please give us your details by email or phone on 3820 0100. The Parish Office will then be in touch with you to send you our weekly newsletter.

Once we are back to normal, we look forward to welcoming you at our Newcomers Welcome Night.

Scripture Readings for Next Sunday

Pentecost Sunday

First Reading

Genesis 11:1-9

Exodus 19:3-8, 16-20

Ezekiel 37:1-14

Joel 3:1-5

Psalm

103:1-2, 24, 27-30,35

Second Reading

Romans 8:22-27

Gospel

John 7:37-39

SUNDAY READINGS

READ AT HOME

The resources can also be found on the Liturgy Brisbane website at <https://www.liturgybrisbane.net.au/prepare/sunday-readings-and-family-prayer/> and will be updated each week.

FAMILY PRAYER

WEEK BY WEEK

The first document contains the Sunday readings with associated commentaries and prayers. It is suggested that families gather to read the Scriptures aloud together.

Weekly Offerings and In our time of Need

Offerings for the Week Ended 17th May 2020

Mass offerings **\$2040.75** (Giving App, Direct Debits and Credit Cards)

Should you wish to set up a direct debit in place of your envelope offering, please contact the Parish Office for a direct debit form. Direct debits can be made from either your savings account or credit card.

Our faith will sustain us through these challenging times. Please keep helping our parish community of St Anthony and St Luke's by continuing your weekly offering via **DIRECT DEBIT**. Call the Archdiocesan Development Fund on 3324 3777 to find out how.

Should you wish to make a one off donation to our parish, our bank account details are as follows:

BSB: 064786

Account Number: 100017590

Account Name: Alexandra Hills Capalaba

Parish Planned Giving

God bless you and thank you for your generosity.

Please pray for...

Please take a moment to pray for:

Simone Brookbank, Neville Brown, Ellie Byrne, Lachlan Campbell, Emma Casonati, Denis Hannan, Kevin Hardy, Dom Jones, Tricia Kennedy, Antonina Letizia, Oliver Loveday, Jane Martin, Helen Reed, Trish Rooney, Mary Ryan, Carol Schmidt, Loraine Steele, Maggie Stewart, Eddie Strachan, Anne Sullivan and Samuel Tyler, along with all those in our community who are ill, and those who seek healing in their lives and for all those who care for them.

We commend those who have recently died, especially Raymond Cash and Rita Cassar to the loving embrace of God.

We pray for all those whose anniversaries occur at this time, especially Dennis Black and Catherine Black.

If you wish to have a loved one's name mentioned in the parish newsletter for an anniversary, a remembrance or a prayer for the sick, please contact the Parish Office on 3820 0100.

Note: All names for prayers will remain in the newsletter for one month. To request Masses to be offered for the sick, dying, deceased or for special intentions please contact the Parish Office.



Parish Office Opening Hours

The Parish Office is open on **Monday, Tuesday, Wednesday and Friday** from 9am to 4pm. Should you have any urgent matters outside these hours, please phone the Parish Office, leave a message and we will endeavour to get back to you as soon as possible.

Livestreamed Masses

Fr Emmanuel will continue to livestream Masses on Facebook as follows:
Saturday 6pm - From St Luke's
Sunday 9am - From St Anthony's

Would you like to attend Mass?

Due to the small number of people we are able to allow to attend Masses, we are asking Parishioners to phone the Parish Office to express their interest in attending mass. It is a requirement of attendance that we take your contact details, that you're healthy, and are able to either set up for mass, clean up afterwards and/or read. If this interests you, please contact the parish office on 3820 0100.

Can you Knit or Crochet?

To make rugs for elderly patients in the Geriatric Rehabilitation Wards of the PAH and Beanies for premi babies and Seafarers who visit the Stella Maris Centre at Wynnum. Please leave any donations at the Church or the Parish Office.



Accommodation Needed

The Redlands for Refugees (R4R) group, is currently providing financial and other assistance to a young man (mid-thirties) who is living in Cleveland. He is a refugee entitled to permanent residency and has been living in Cleveland for the last 10 months. He spent many years in refugee camps and the like before being accepted for Australia. He is from Eritea/ Ethiopia background. He speaks and reads English quite well. He has had support from The Redlands Council via a horticultural course and also has some land management expertise. He is getting uncomfortable with his current living arrangements and wishes to explore the possibility of obtaining alternative accommodation. He is fairly flexible about this, eg, shared house, lodger, granny flat or similar. If anyone can offer accommodation or knows of anything that might be, or becoming, available please contact Brian Tierney on 0488 686659.

Helping Families Stay Connected

As Masses are restricted throughout the world, many parish and school communities are asking what they can do to keep their families connected to their faith.

CathFamily can help with our online resources which are available free of charge.

1: FREE Resource Database

CathFamily has a vast library of free resources for families, schools and parishes that celebrates Catholic culture. The free weekly eNews lists seasonal resources including downloadable prayers, feast day celebrations, recipes, craft, articles and links to other helpful resources.

Visitors can search and browse our thousands of posts or take advantage of our eNews to triage the most relevant content for the week.

2: Children's Sunday Liturgy @Home

CathKids is a weekly interactive experience designed for primary aged children that includes a short animated video on the Sunday reading, 'I wonder' questions, a craft activity and prayers. CathKids has a modest subscription fee but due to the situation with COVID19 we are offering this resource FREE for the next 3 months.

To access these resources please go to the following website cathfamily.org

facebook

1. Set Up a Facebook Account (free)
2. Become a Facebook friend of "AlexHills CapalabaParish" by sending a "friend request" and you will be added as a friend.
3. You will then receive updates to advise you when Fr Emmanuel will be live streaming.

A Stewardship Moment

May 24, 2020

The Ascension of the Lord

"I am praying for them..." (John 17:9)

Prayer is the foundation of our Faith and the foundation of Stewardship. Pray in good times and in bad. Prayer is always the first best option in any situation, not just the last resort. Pray for friends and family and for those that don't treat you very well. Pray to give praise, to thank, and to ask God for help. Pray to see what God wants you to do with the gifts He has given you.

(Accessed on 18th May 2020 from <http://archstl.org/stewardship/page/bulletin-inserts>).



Newsletter available via Email!

Why not contact the Parish Office on 3820 0100 and ask to be added to our emailing list to ensure you receive a copy of the newsletter each week.

You are also able to view our weekly newsletter on our website

www.stanthonyandstluke.org.au

PARISH OFFICE

The Office is in the demountable
Behind St Anthony's Church
St Anthony Drive,
Alexandra Hills

Monday to Friday
9.00am to 4.00pm

Website

stanthonyandstluke.org.au

Parish Office Phone

3820 0100

Email Address:

alexhillscap@bne.catholic.net.au

PARISH MASS TIMES

WEEKEND

St Anthony's Church, Alexandra Hills

Saturday 4.30pm

Sunday 9.00am

St Luke's Church, Capalaba

Saturday 6.00pm

Sunday 7.00am

WEEKDAY

Monday

5.00pm St Anthony's Alexandra Hills

Tuesday

9.00am St Luke's Capalaba

Wednesday

9.00am St Anthony's Alexandra Hills

Friday

9.00am St Luke's Capalaba

WEEKDAY - School Masses (Refer to Weekly Newsletter for these)

Wednesday

2.15pm St Anthony's Alexandra Hills

Friday

9.00am St Luke's Capalaba

RECONCILIATION TIMES

Saturday

St Anthony's Alexandra Hills

4.00pm - 4.30pm

Or by appointment

ADORATION

First Friday of the Month

St Anthony's Alexandra Hills

6.00pm - 7.00pm

EDUCATION

Alexandra Hills - St Anthony Drive

St Anthony's Catholic Primary School

3820 1200

St Anthony's Kindergarten

3824 5061

Capalaba - Degen Road

St Luke's Catholic Primary School

3245 9595

St Luke's Catholic Child Care Centre

3245 3300

The Week at a Glance

MONDAY	25 May	Fr Emmanuel celebrates Mass for the parishioners. He encourages you to spiritually participate in the Mass and receive spiritual communion.
TUESDAY	26 May	Fr Emmanuel celebrates Mass for the parishioners. He encourages you to spiritually participate in the Mass and receive spiritual communion.
WEDNESDAY	27 May	Fr Emmanuel celebrates Mass for the parishioners. He encourages you to spiritually participate in the Mass and receive spiritual communion.
THURSDAY	28 May	Fr Emmanuel's Day Off
FRIDAY	29 May	Fr Emmanuel celebrates Mass for the parishioners. He encourages you to spiritually participate in the Mass and receive spiritual communion.
SATURDAY	30 May	6.00pm Parish Mass will be live-streamed on Facebook from St Luke's Catholic Church
SUNDAY	31 May	9.00am Parish Mass will be live-streamed on Facebook from St Anthony's Catholic Church



St Anthony's Kindergarten

2020 Kindergarten positions currently available.

Please contact the Kindergarten if you are interested.

Expressions of interests open for the 2021 Kindergarten year.

P 07 3824 5061 **M** 0488 665 023

E alexandrahillskindy@catholicearlyedcare.qld.edu.au

W catholicearlyedcare.qld.edu.au

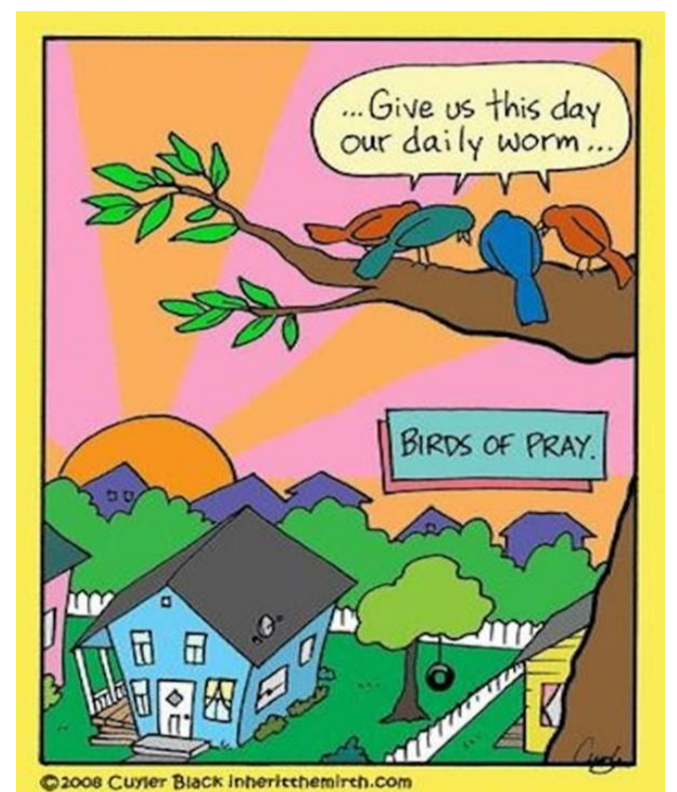
St Luke's Childcare Centre

Has Limited Vacancies.

Please contact the centre if you are interested.

P 07 3245 3300

E capalabaldc@bne.centrecare.net.au



Phone:
1300 304 550

Email:
AOB@stopline.com.au

Online:
www.bne.catholic.stoplinereport.com

STOPLINE is an external service that receives confidential information about suspected abuse, misconduct and policy breaches within the Archdiocese of Brisbane, Brisbane Catholic Education and Centacare Brisbane. Information can be shared anonymously.

The Catholic Leader

Read the Latest News ONLINE - Keeping faith with you

The online edition of The Catholic Leader newspaper will be extended to parishioners for free during these uncertain times. Keep faith with the Leader at www.catholicleader.com.au

Our Parish Team

Fr Emmanuel Ayankudy CMI - Parish Priest

Margaret McFerran - Pastoral Ministry Co-ordinator

Amanda Mase - Parish Office Administrator

Updates on Mass Attendance

According to the latest guidelines from the Archdiocese, “The limit for the *Masses for the people* will increase to no more than 10 people in attendance, which includes the camera operator if live streaming and the priest.

Abiding with all the protocols and responsibilities mentioned in the guidelines and looking in to the larger pastoral interest of the parish I, in consultation with the pastoral council, have decided to implement the ‘10 people’ provision in our parish. So from Monday 25 we will have week day and week end Masses in the scheduled timings with 10 people under the guidelines provided from the Archdiocese. In this direction the following will be the procedure.

1. Parishioners who would like to participate in Mass should phone the parish office on **38200100** and advise the staff which Mass you would like to attend (Saturday, Sunday or weekday).
2. The office will record your details and establish Mass attendance lists. *(Please do not be offended if the office staff ask you some questions regarding your health.)*
3. Only those who have been approved and notified for Mass are permitted to attend.
4. There will be a list of names of the attendees of each day on the table in the gathering space.
5. The chairs for seating will be marked and after each Mass will be cleaned appropriately.
6. If you feel unwell (e.g. cough, sneezing or other symptoms) please stay home and/or seek medical advice. Please, if possible also notify the parish.
7. The weekend Masses will be live streamed from St. Luke’s on Saturday 6 pm and St. Anthony’s on Sunday 9 am to reach those parishioners who are not in church.

Together with the help of the office staff and the support of the pastoral council, I am trying to return to some level of normality and to celebrate Mass with you. I request your wholehearted support and responsible cooperation.

‘Parish Giving’ App

As you know our parish has registered to the “**PARISH GIVING**” app that can be installed on any mobile phone and in this way it will be easier to make the parish offerings for the time being until the churches are opened. Installing the app is very easy and secure. I have put the details in the previous newsletter which is also available in the parish website. I myself have installed it on my phone and it works very well. This app will be “the collection plate” that can be used by those parishioners who would like to, and are able to support the parish in these times.

Please note that these guidelines are temporary and may change according to Archdiocesan guidelines.