



St Anthony & St Luke's Catholic Parish

Alexandra Hills and Capalaba

Weekly Newsletter - 29 March 2020

Fifth Sunday of Lent - Year A

Visit us at www.stanthonyandstluke.org.au to find out more about our parish

Sunday Scripture Fifth Sunday of Lent

First Reading
Ezekiel 37:12-14
Psalms
129

Second Reading
Romans 8:8-11
Gospel
John 11:1-45



Our Churches

Alexandra Hills

St Anthony's Catholic
Church
St Anthony Drive
Alexandra Hills QLD 4161

Capalaba

St Luke's Catholic Church
45 Degen Road
Capalaba QLD 4157



A Message from Fr Emmanuel

Dear Parishioners,

Archbishop Mark Coleridge has given further guidelines to all the parishes. Accordingly, **both Churches of our parish will remain closed until further notice and All Parish Events, both indoor and outdoor are cancelled.** (For the full version of the Pastoral Letter, please visit the parish website).

Every day I will celebrate Mass and pray the Rosary for you. My Mass timings: **Monday—Saturday 6pm and Sunday 9am.** All parishioners are encouraged to join in this **ONE HOUR** prayer. When we pray together in spiritual communion it will have more power and more blessings. (See next page for ONE HOUR PRAYER format).

Archbishop's Prayer

O God, healer of all our ills, to whom we turn in this time of distress, grant, we pray in the power of faith, eternal rest to the dead and comfort to those who mourn, health to the sick and peace to the dying, strength to medical workers, wisdom to our leaders and a spirit of kindness to us all. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

(I encourage you to say this prayer during your prayer time.)

As you know Sunday Masses and Weekday Masses are cancelled, However, you can participate in Mass online. Details are given below.

Watch Mass live

Follow these instructions to watch Masses from St Stephen's Cathedral.
The weekday Mass will be streamed live at 12:30PM and the Sunday 10AM Mass will be live streamed

1

Turn on your device

Make sure your computer, iPad / tablet or smart phone is connected to the internet.

2

Open your internet browser

Google Chrome, Safari, Internet Explorer, Firefox, or whatever you usually use to surf the web.

3

Go to our website:

archbne.org/bzw

4

Watch Mass live

Click the play button on the video on this page

You can also watch archived Masses on the webpage
archbne.org/bzw
when there is no Mass being shown live



To stay up to date with news from the Archdiocese follow us on Facebook at www.facebook.com/archbne
www.brisbanecatholic.org.au

Fr Emmanuel's Guidelines for Mass at Home

To our valued parishioners who do not have access to social media or Foxtel,

- 10 Play celebrates Sunday Mass for you at home at 6am each Sunday.
- On weekdays Fr Emmanuel celebrates Mass at 6pm followed by Rosary. He will be remembering all the parishioners in his Mass. Parishioners are encouraged to spiritually attend this service by spending one hour in prayer. (6pm - 7pm). If we can be spiritually united and pray together from our own homes it will give us a great sense of unity and power.
- One hour prayer can be done by doing the following 5 steps:
 1. Sign of the Cross
 2. Reading daily Mass readings
 3. Pray the Our Father
 4. Act of Spiritual Communion

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.

Amen.
 5. Act of thanksgiving
- Saturday Fr Emmanuel will celebrate Mass at 6 pm and Sunday at 9 am, again Parishioners are invited to spiritually attend.

PRAYER OF THE FAITHFUL: (5th Sunday of Lent)

Introduction: As we grapple with the dramatic change of life because of coronavirus, we now confidently present our needs, as we entrust our lives completely to the God, who can bring life, even out of death or the darkness of this time..

1. We pray with **Gratitude** for the whole Church: that in all her words and actions; and clear communication to Parishes, she may bear true witness to the joy, peace and fullness of life, which the Gospel of Christ brings.....Lord hear us

R. Lord hear our prayer

2. We pray with **Deep Concern and Compassion**, in this time for the recovery of those affected by the virus, and those who are vulnerable; for the safety of those caring for them, including all medical workers, for those engaged in research and for those who are highly anxious; ,especially those who are isolated from family and loved ones Lord hear us

R. Lord hear our prayer

3. We pray with **Solidarity** with those facing a financial crisis; for those whose employment has ceased, for small business now collapsing and for those who seek Centrelink support..Lord hear us

R. Lord hear our prayer

4. We pray with **Hope** for those in crisis, and who have difficulty in coping with the present situation; especially those who are still struggling after the bushfires and for farmers still struggling because of the drought..... Lord hear us

R. Lord hear our prayer

5. We trust in the **Mercy of God** for those who have died of the coronavirus, those who have died alone, and for all who believe Jesus to be their Resurrection and their Life.....Lord hear our prayer

R. Lord hear our prayer

Final Prayer: Lord, you always hear the cry of your people; stand close now to all people in these anxious times, and awaken in all of us, the virtues of kindness, concern and compassion, through Christ our Lord, Amen.

For our sisters and brothers around the world, we pray ...

Let us pray together for doctors, hospital staff and volunteers who are giving their own lives to save others. And for civil leaders, for those who have to make decisions at this time. All these people are the pillars defending us in this crisis ... The God of tenderness will heal us of all life's wounds and of all the bad things we have done. Returning to God means returning to an embrace, the embrace of the Creator.

(Pope Francis, homily, 20 March 2020)



**Have you
given us
a copy of your
Blue Card yet?**

Please provide the
Parish Office with
a **copy of your Blue
Card** once you've
received it.

**Thank you
so much.**



Are you New to Our Parish

If you are new to the Parish, please give us your details by email or phone on 3820 0100. The Parish Office will then be in touch with you to send you our weekly newsletter.

Once we are back to normal, we look forward to welcoming you at our Newcomers Welcome Night.



Scripture Readings for next Sunday:

Palm Sunday

First Reading

Isaiah 50:4-7

Psalms

21:8-9,17-20, 23-24

Second Reading

Philippians 2:6-11

Gospel

Matthew 26:14-27

Weekly Offerings and In our time of Need

Offerings for the Week Ended 22nd March 2020

Mass offerings **\$2660.00** (Direct Debits and Credit Cards)

Our faith will sustain us through these challenging times. Please keep helping our parish community of St Anthony and St Luke's by continuing your weekly offering via **DIRECT DEBIT**. Call the Archdiocesan Development Fund on 3324 3777 to find out how.

God bless you and thank you for your generosity.



Please pray for...

Please take a moment to pray for:

Simone Brookbank, Neville Brown, Lachlan Campbell, Raymond Cash, Emma Casonati, Denis Hannan, Kevin Hardy, Dom Jones, Tricia Kennedy, Antonina Letizia, Oliver Loveday, Jane Martin, Helen Reed, John Rhule Snr, Trish Rooney, Mary Ryan, Loraine Steele, Maggie Stewart, Eddie Strachan and Samuel Tyler, along with all those in our community who are ill, and those who seek healing in their lives and for all those who care for them.

We commend all the recently deceased, to the loving embrace of God.

We pray for all those whose anniversaries occur at this time, especially Darcy Rafter.

If you wish to have a loved one's name mentioned in the parish newsletter for an anniversary, a remembrance or a prayer for the sick, please contact the Parish Office on 3820 0100.

Note: All names for prayers will remain in the newsletter for one month. To request Masses to be offered for the sick, dying, deceased or for special intentions please contact the Parish Office.

Communications

The Parish Office will remain open as far as possible and we will endeavour to keep parishioners informed via a weekly newsletter. Should you wish to visit, please phone prior to ensure we are here. If you're not already on our mailing list, and you wish to receive the newsletter via email, please phone the parish office on 3820 0100

National Day of Prayer & Fasting

Church Leaders calling for a National Day of Prayer and Fasting on Sunday 29th March
Perhaps you would like to pray for 19 minutes per day for trust in the Lord and renewal of faith in people's hearts

Lenten Prayer - Week 5

God of freedom,
you remove all that binds us,
Into patterns of death
and breathe new life into every
worn-out soul.

We cry to you for release from all
that binds us.

Roll away the stone that blocks
Loosen the tightness of our lives;
Call us forth from the tomb
of our despair
Into the newness of life.

We ask this prayer in the name of
your Son, Jesus
Who is the life of the world.

Amen

Holy Week

The Parish Office will
provide parishioners
with clear directions
about our Holy Week
Celebrations in next
week's newsletter.
Stay tuned for further
updates.

A Stewardship Moment March 29, 2020 5th Sunday of Lent

"Jesus said to her, 'Did I not tell you that if you believe you will see the glory of God?'" (John 11:40)

Many of us say that we believe in God. We go to church on Sunday. We volunteer for events at our parish. But when life gets hard and the pressure is on, when things aren't going our way, do we really believe and put our trust in the Lord? When we live a life of gratitude, being thankful for the gifts we have been given, we really do see that God is providing all that we need. It opens our hearts to see God's active presence in our daily lives.

(Accessed on 23rd March 2020 from <http://archstl.org/stewardship/page/bulletin-inserts>)



Helping Families Stay Connected

As Masses are restricted throughout the world, many parish and school communities are asking what they can do to keep their families connected to their faith.

CathFamily can help with our online resources which are available free of charge.

1: FREE Resource Database

CathFamily has a vast library of free resources for families, schools and parishes that celebrates Catholic culture. The free weekly eNews lists seasonal resources including downloadable prayers, feast day celebrations, recipes, craft, articles and links to other helpful resources.

Visitors can search and browse our thousands of posts or take advantage of our eNews to triage the most relevant content for the week.

2: Children's Sunday Liturgy @Home

CathKids is a weekly interactive experience designed for primary aged children that includes a short animated video on the Sunday reading, 'I wonder' questions, a craft activity and prayers. CathKids has a modest subscription fee but due to the situation with COVID19 we are offering this resource FREE for the next 3 months.

To access these resources please go to the following website cathfamily.org

Newsletter available via Email!

Why not contact the Parish Office on 3820 0100 and ask to be added to our emailing list to ensure you receive a copy of the newsletter each week.

You are also able to view our weekly newsletter on our website
www.stanthonyandstluke.org.au

PARISH OFFICE

The Office is in the demountable
Behind St Anthony's Church
St Anthony Drive,
Alexandra Hills

Monday to Friday
9.00am to 4.00pm

Website

stanthonyandstluke.org.au

Parish Office Phone

3820 0100

Email Address:

alexhillscap@bne.catholic.net.au

PARISH MASS TIMES

WEEKEND

St Anthony's Church, Alexandra Hills

Saturday 4.30pm

Sunday 9.00am

St Luke's Church, Capalaba

Saturday 6.00pm

Sunday 7.00am

WEEKDAY

Monday

5.00pm St Anthony's Alexandra Hills

Tuesday

9.00am St Luke's Capalaba

Wednesday

9.00am St Anthony's Alexandra Hills

Friday

9.00am St Luke's Capalaba

WEEKDAY - School Masses (Refer to Weekly Newsletter for these)

Wednesday

2.15pm St Anthony's Alexandra Hills

Friday

9.00am St Luke's Capalaba

RECONCILIATION TIMES

Saturday

St Anthony's Alexandra Hills

4.00pm - 4.30pm

Or by appointment

ADORATION

First Friday of the Month

St Anthony's Alexandra Hills

6.00pm - 7.00pm

EDUCATION

Alexandra Hills - St Anthony Drive

St Anthony's Catholic Primary School

3820 1200

St Anthony's Kindergarten

3824 5061

Capalaba - Degen Road

St Luke's Catholic Primary School

3245 9595

St Luke's Catholic Child Care Centre

3245 3300

The Week at a Glance

MONDAY	30 March	ALL ACTIVITIES CANCELLED
TUESDAY	31 March	ALL ACTIVITIES CANCELLED
WEDNESDAY	1 April	ALL ACTIVITIES CANCELLED
THURSDAY	2 April	ALL ACTIVITIES CANCELLED
FRIDAY	3 April	ALL ACTIVITIES CANCELLED
SATURDAY	4 April	ALL WEEKEND MASSES CANCELLED
SUNDAY	5 April	ALL WEEKEND MASSES CANCELLED

St Anthony's Kindergarten

2020 Kindergarten positions currently available.

Please contact the Kindergarten if you are interested.

Expressions of interests open for the 2021 Kindergarten year.

P 07 3824 5061 **M** 0488 665 023

E alexandrahillskindy@catholicearlyedcare.qld.edu.au

W catholicearlyedcare.qld.edu.au



St Luke's Childcare Centre

51 Degen Road, Capalaba has limited vacancies across all groups.

Please phone
3245 3300 to make enquiries.

Christmas shopping done. Presents wrapped.



Thirty-two-year-old Sakun lives in a village in central east India. She developed polio as a child and has difficulty walking. After joining a Caritas Australia-funded program, Sakun has learned new skills and gained important mobility. She is more resilient, more confident and more independent.

Please donate to Project Compassion 2020 to help uplift vulnerable communities and support the rights of indigenous peoples around the world.

Let's Go Further, Together. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or by

The Catholic Leader

Read the Latest News ONLINE - Keeping faith with you

The online edition of The Catholic Leader newspaper will be extended to parishioners for free during these uncertain times. Keep faith with the Leader at www.catholicleader.com.au

Our Parish Team

Fr Emmanuel Ayankudy CMI - Parish Priest

Margaret McFerran - Pastoral Ministry Co-ordinator

Amanda Mase - Parish Office Administrator