



St Anthony & St Luke's Catholic Parish

Alexandra Hills and Capalaba

Weekly Newsletter - 23 February 2020

Seventh Sunday in Ordinary Time - Year A

Visit us at www.stanthonyandstluke.org.au to find out more about our parish

Sunday Scripture Seventh Sunday in Ordinary Time

First Reading

Leviticus 19:1-2,17-18

Psalms

102:1-4, 8,10, 12-13

Second Reading

Corinthians 3:16-23

Gospel

Matthew 5:38-48



Our Churches

Alexandra Hills

St Anthony's Catholic
Church

St Anthony Drive
Alexandra Hills QLD 4161

Capalaba

St Luke's Catholic Church
45 Degen Road
Capalaba QLD 4157



Weekly Reflection

ASH WEDNESDAY THOUGHTS

Dear friends,

We begin our journey to Easter beginning with Ash Wednesday. Authentic religion brings about inner transformation.

It is easier to give up chocolate than unkind words.

It is easier to increase our devotions than our spirit of gratitude.

It is easier to abstain from food than from bitterness.

I always found the following list of a different way of fasting very helpful and meaningful. It goes straight to the core of the Gospel: the renewal of our hearts and minds.

FAST from judging others;

FAST from emphasis on differences;

FAST from apparent darkness;

FAST from thoughts of illness;

FAST from words that pollute;

FAST from discontent;

FAST from anger;

FAST from pessimism;

FAST from worry;

FAST from complaining;

FAST from negatives;

FAST from unrelenting pressures;

FAST from hostility;

FAST from bitterness;

FAST from self-centredness;

FAST from personal anxiety;

FAST from discouragement;

FAST from facts that depress;

FAST from lethargy;

FAST from suspicion;

FAST from thoughts that weaken;

FAST from shadows of sorrow;

FAST from idle gossip;

FAST from problems that overwhelm;

FEAST on the Christ within them.

FEAST on the unity of life.

FEAST on the reality of light.

FEAST on the healing power of God.

FEAST on phrases that purify.

FEAST on gratitude.

FEAST on patience.

FEAST on optimism.

FEAST on trust in God.

FEAST on appreciation.

FEAST on affirmatives.

FEAST on unceasing prayer.

FEAST on non-resistance.

FEAST on forgiveness.

FEAST on compassion for others.

FEAST on eternal Truth.

FEAST on hope.

FEAST on verities that uplift.

FEAST on enthusiasm.

FEAST on truth.

FEAST on promises that inspire.

FEAST on the sunlight of serenity.

FEAST on purposeful silence.

FEAST on prayer that undergirds.



My prayer for us all during this season of grace is that we will feast richly on all that will make our lives flourish in Christ-like serenity and goodness.

<https://www.franciscans.ie/feasting-through-lent/>

Fr Emmanuel

Parish Mission and Ash Wednesday

24 Monday 7 – 8 pm, Parish Mission, St. Anthony's

25 Tuesday 7- 8 pm, Parish Mission, St. Anthony's

26th **Ash Wednesday** – 9 am Mass – St. Anthony's & 7 pm Mass – St. Luke's

27th Thursday 7-8, Adoration, Sacrament of Reconciliation, St. Anthony's

28th Friday – 7-8, Parish Mission, St. Anthony's



CLAIRVAUX MACKILLOP COLLEGE

2020 "Windows" TOURS

Please join us for a College Tour on

FRIDAY 6 March 2020

9.00am - 11.00am

This event will provide you with a comprehensive insight into the life of Clairvaux Mackillop College and will allow you to take a tour with our Student Mentors, meet our Principal, Mr Brian Eastaugh and senior members of staff. We look forward to welcoming you to the College.

Please register online www.cvmck.edu.au via the Enrolments tab

Enrolment Secretary: 3347 9223

Additional College Tour dates include:

- Wednesday 6 May 9.00am - 11.00am
- Friday 5 June 9.00am - 11.00am
- Friday 31 July 9.00am - 11.00am
- Wednesday 2 September 9.00am - 11.00am

• Focus on Academic Excellence • Enrichment and Support Classes • Thriving Co-Curricular Program • Nurturing Pastoral Care Program

Archdiocesan Safeguarding Children and Vulnerable Adults Policy

Our parish has implemented the Archdiocesan Safeguarding Children and Vulnerable Adults policy. We are committed to high standards of recruitment, screening and selection of all or our employees and volunteers and undertake intentional strategies to maintain a safe and healthy ministry environment for all.

Fr. Joshy Parappully Ph 3844 2744

Fr. Martin Situmurang Ph 0424 704 493

FRANSISCAN & MARIAN PILGRIMAGE 2020

JUST \$6799*

4TH TO 21ST NOVEMBER 2020

A spiritual journey of the St. Mary's, St. Ita's, St. Francis and OLPS parishes and the Indonesian community. Accompanied by Fr. Joshy Parappully (Parish Priest) and Fr. Martin Situmurang (Indonesian Chaplain)

16-Day Europe Tour

Fatima / Aljustrel / Avila Segovia / Loyola / Lourdes Avignon / Milan / Padua Venice / Assisi / Rome San Giovanni Rotondo Vatican

* Inc. airfares, half-board meals, 3 & 4 star accommodation, transfers & guide

1300 200 100

W: www.idestinytravel.com.au

E: sales@idestinytravel.com.au

* Price pp in AUD and subject to minimum group size

BRISBANE DAY RETREATS

"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many" Mark 10:45 NIV

Word of God Ministered by Br. Johnson Sequeira Catholic Lay Preacher Jesus Christ is Lord Ministry

AUSTRALIA FEB-MAR 2020 RETREAT SCHEDULE - BRISBANE

DATE	TIME	BRISBANE VENUES
Thu 20 Feb	6.30pm - 9.30pm	Our Lady & St Dymphna's Church, 479 Robinson Rd (W), Aspley 4034
Fri 21 Feb	6.30pm - 9.30pm	Our Lady & St Dymphna's Church, 479 Robinson Rd (W), Aspley 4034
Sat 22 Feb	9.30am - 4.30pm & 7.00pm - 9.30pm	Our Lady & St Dymphna's Church, 479 Robinson Rd (W), Aspley 4034 (Tea, coffee & light refreshments will be provided)
Sun 23 Feb	12.30pm - 6.00pm	St Maximilian Kolbe Church, 26 - 38 Macarthy Rd, Marsden 4132 (Tea, coffee & light refreshments will be provided)

PERTH	MELBOURNE	SYDNEY	ADELAIDE
0432 045 301	0435 699 993	0433 224 763	0411 685 879
Contact: Vivek: 0405 520 702 Jude: 0420 828 420 Russel: 0410 353 009			

Did You Go on Holidays?

Toiletries Wanted

The Ladies' Group would be happy to accept any unwanted toiletries from your motel stay. These are used in Mother's Day gifts as well as personal care packs gifted to local members of our community and seafarer's abroad. Your donations can be left at the Parish, School office or Churches.

St Vincent De Paul - Shopping Bags Needed

As Vinnies is the only charity to take food into people's homes we are asking if people could leave plastic shopping bags at the back of the church. We are currently really low on bags.


LITTLE SAINTS Playgroup

For Children from birth to Prep

Where: In the parish hall at St Anthony's

When: Mondays from 8.45am (during school term)

Contact: Trish Purcell 0438 863296



Have you given us a copy of your Blue Card yet?

Please provide the Parish Office with a copy of your Blue Card once you've received it.

Thank you so much.

 **Catholic Early EdCare**

WATCH THEM GROW

St Luke's Childcare Centre

51 Degen Road, Capalaba has limited vacancies across all groups. Please phone 3245 3300 to make enquiries.

Scripture Readings for Ash Wednesday:

First Reading
Joel 2:12-18

Psalm
50:3-6, 12-14, 17

Second Reading
Corinthians 5:20-6:2

Gospel
Matthew 6:1-6, 16-18

Scripture Readings for next Sunday:

First Sunday in Lent

First Reading
Genesis 2:7-9, 3:1-7

Psalm
50:3-6, 12-14, 17

Second Reading
Romans 5:12-19

Gospel
Matthew 4:1-11



Phone: 1300 304 550

Email: A0B@stopline.com.au

Online: www.bnecatholic.stoplinereport.com

STOPLINE is an external service that receives confidential information about suspected abuse, misconduct and policy breaches within the Archdiocese of Brisbane, Brisbane Catholic Education and Centacare Brisbane. Information can be shared anonymously.

Weekly Offerings and Mass Attendance

Offerings for the Week Ended 16th February 2020

Mass offerings **\$2393.40** (Envelopes, Loose coin, Direct Debits and Credit Cards)

Should you wish to set up a direct debit in place of your envelope offering, please contact the Parish Office for a direct debit form. Direct debits can be made from either your savings account or credit card.

Mass Attendance for the Week Ended 16th February 2020

St Anthony's 4.30pm - 95

St Anthony's 9am - 252

St Luke's 6pm - 29

St Luke's 7am - 60

18% of your offerings go to the Archdiocese and the rest are used for paying Parish Staff, utility bills, insurance, parish administration costs, building maintenance, charities, updating office and church equipment, newsletters and other publications and maintaining parish ministries among other things. God bless you and thank you for your generosity.

Please pray for...

Please take a moment to pray for:

Simone Brookbank, Neville Brown, Raymond Cash, Denis Hannan, Kevin Hardy, Dom Jones, Tricia Kennedy, Antonina Letizia, Jane Martin, Robbyn Prenzler, John Rhule Snr, Mary Ryan and Maggie Stewart along with all those in our community who are ill, and those who seek healing in their lives and for all those who care for them.

We commend all the recently deceased, especially Bill Hollingsworth to the loving embrace of God.

We pray for all those whose anniversaries occur at this time, especially Oscar Jones, Joan O'Loughlin and Dayna Quist.

If you wish to have a loved one's name mentioned in the parish newsletter for an anniversary, a remembrance or a prayer for the sick, please contact the Parish Office on 3820 0100.

Note: All names for prayers will remain in the newsletter for one month. Envelopes to request Masses to be offered for the sick, dying, deceased or for special inten-



Parish News and Notices

St Luke's Church Capalaba -

Mother's Prayers & Rosary

Monday - Mother's Prayers at 9.00am

Tuesday - Rosary at 9.30am

Parish Working Bees

A working bee will be held on Saturday **28th March**, commencing at 8am at **St Anthony's**. Please add your name to the list of the volunteers at the church entrance. **St Luke's** Working Bee will be held on **Sunday 5th April** commencing at 7.30am. Please remember, many hands make light work and half an hour is all that's needed to make a difference.

Plenary Council Parish Discussion Group Meeting 10 March 2020

The next meeting to discuss the Parish response to the fifth Major National Theme identified by the Plenary Council will be held in St. Anthony's Church on Tuesday 10 March 2020 at 7pm. The topic for the meeting will be "Open to Conversion, Renewal and Reform" as advised by the National Steering Group. We are all encouraged to attend and participate to give our voice, our support and/or concerns to this once in a lifetime process which will inform the future direction of our Church in Australia. We look forward to seeing you there.

Welcome to Fr Raju

Please welcome and make Fr Raju feel at home. Fr Raju will be working for the Archdiocese of Brisbane and will be staying with Fr Emmanuel for a few months, whilst he settles into parish life here in Australia.

Sacramental Activity Days Helpers

Margaret is in need of some parents who are happy to help with the 2 days of instruction about the Sacraments. The time is approximately 1-2 hours, and all training will be given. If you can help, please contact Marg at the Parish Office on 3820 0100.

Key Audit

As we have not done a key audit in a long time and a number of parishioners have moved to other parishes, we are in urgent need of updating our registers. Therefore ANY Parishioner who has a key to either church, please ensure your name and current key or keys that you have are registered with the parish office.

Parish Mission 2020

There have been some changes to the Parish Mission since the Calendar was printed for 2020. To ensure that everyone is aware of the changes, sessions will now be as follows:

Monday 24th February, Tuesday 25th February, Thursday 27th February and Friday 28th February. All sessions will run from 7pm to 8pm. The sessions will be facilitated by **Fr Frank Jones**. On Thursday 27th February there will be Adoration & Reconciliation instead of a mission session.

Reconciliation

During Lent Fr Emmanuel will offer extra opportunities for parishioners to prepare themselves for Easter. He will offer **2nd Rite of Reconciliation on Thursday 27th February** as part of the Parish Mission at 7pm and **EVERY** Saturday afternoon during Lent at St Anthony's Church from 4pm to 4.30pm.

Ladies Group

Working bees to make and wrap gifts for the St Anthony's School Mother's Day Stall will be held in the Parish Hall from 9am to 11am on the following dates: March 4, 11, 18, 25 and April 1.

Come along and join in the fun!

A Stewardship Moment February 23, 2020

"But I say to you, love your enemies and pray for those who persecute you..." (Matthew 5:44)

Love your enemies, easier said than done, no doubt. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from "me" and moves it towards God and others.

It allows us to have a little more empathy for "our enemy." When we pray for others, even "our enemies," maybe it softens their hearts as well.

"(Accessed on 17th February 2020 from <http://archstl.org/stewardship/page/bulletin-inserts>)"



Newsletter available via Email!

Why not contact the Parish Office today and ask to be added to our emailing list to ensure you receive a copy each week.

You are also able to view our weekly newsletter on our website www.stanthonyandstluke.org.au

PARISH OFFICE

The Office is in the demountable
Behind St Anthony’s Church
St Anthony Drive,
Alexandra Hills

**Monday to Friday
9.00am to 4.00pm**

Website
stanthonyandstluke.org.au

Parish Office Phone
3820 0100

Email Address:
alexhillscap@bne.catholic.net.au

PARISH MASS TIMES

WEEKEND

St Anthony’s Church, Alexandra Hills
Saturday 4.30pm
Sunday 9.00am

St Luke’s Church, Capalaba
Saturday 6.00pm
Sunday 7.00am

WEEKDAY

Monday
5.00pm St Anthony’s Alexandra Hills

Tuesday
9.00am St Luke’s Capalaba

Wednesday
9.00am St Anthony’s Alexandra Hills

Friday
9.00am St Luke’s Capalaba

WEEKDAY - School Masses (Refer to Weekly Newsletter for these)

Wednesday
2.15pm St Anthony’s Alexandra Hills

Friday
9.00am St Luke’s Capalaba

RECONCILIATION TIMES

Saturday
St Anthony’s Alexandra Hills
4.00pm - 4.30pm
Or by appointment

ADORATION

First Friday of the Month
St Anthony’s Alexandra Hills
6.00pm - 7.00pm

EDUCATION

Alexandra Hills - St Anthony Drive
St Anthony’s Catholic Primary School
3820 1200
St Anthony’s Kindergarten
3824 5061

Capalaba - Degen Road
St Luke’s Catholic Primary School
3245 9595
St Luke’s Catholic Child Care Centre
3245 3300

The Week at a Glance			
MONDAY	24 February	8.45 am 9.00 am 6.30 pm 7-8.00 pm	Little Saints Playgroup - St Anthony’s Parish Hall Mother’s Prayers - St Luke’s Mass - St Anthony’s Parish Mission - St Anthony’s
TUESDAY	25 February	9.00 am 7.00 pm 7-8.00 pm	Mass, followed by Rosary - St Luke’s Christian Meditation Parish Mission - St Anthony’s
ASH WEDNESDAY	26 February	9.00 am 10.00 am 7.00 pm	Ash Wednesday Mass - St Anthony’s Care and Concern Ash Wednesday Mass - St Luke’s
THURSDAY	27 February	7 - 8.00 pm	Adoration & 2nd Rite of Reconciliation - St Anthony’s
FRIDAY	28 February	9.00 am 7-8.00 pm	Mass - St Luke’s Parish Mission - St Anthony’s
SATURDAY	29 February	4.30 pm 6.00 pm	Mass - St Anthony’s Mass - St Luke’s
SUNDAY	1 March	7.00 am 9.00 am 10.30 am	Mass - St Luke’s Mass - St Anthony’s Baptisms - St Anthony’s

Rosters for 29th February & 1st March 2020				
MINISTRY	ST ANTHONY’S CHURCH		ST LUKE’S CHURCH	
CLEANERS			Luisa Aguiar, Donna Fitzgerald & Juliette Warnick–Hayne	
COUNTERS	Michael Hawes, Teresa Rafter and Irene Lindeberg		Alan and Bernadette Spelta	
MOWING	Brett Malbon			
MASS TIMES	Saturday 4.30pm	Sunday 9.00am	Saturday 6.00pm	Sunday 7.00am
SACRISTAN	Kathy Ellis	Trish Purcell	Gana Ralph	Tracey Armatys
DATA PROJECTOR	Trish Winter	Joseph David	Amanda Mase	Don Mohr
USHERS	Manda Cop	Adrianna Zwierzchaczewski Mary Ford		
ALTAR SERVERS	Aiden Huntley Thomas Cop	Milagro Chinchilla Sara Chinchilla		
READERS	Kathy Ellis Joe Bartolo Julie Vincent (Intro & POF)	Fatima Caneses Helen Bowman Jeffrey Hawes (Intro & POF)	Jeanine Bowlen Peter McFerran Amanda Mase (Intro & POF)	Joan Tebbit Corrie Atkins Susanne Nelles (Intro & POF)
EUCCHARISTIC / SPECIAL MINISTERS	Narelle Dobson June Thorne Annita McSherry Margaret Kostowski (W) Madonna Ogden (W)	Paul Patterson Mary Boyd Ursula Johnson* Bini Jose (W) Trish Purcell (W)	Jeanine Bowlen Julie Green Roslyn Noble	Kevin Rourke Joan Tebbit Kieran Gilboy
* = Ministers to the Sick w = Washing				
HOSPITALITY (Tea/ Coffee)		Mealie Makobas	Sharon Evans	
TRANSPORT		Margaret Milligan		
COLLECTION TEAM	Augustine Verghese Julie Vincent	Christine Chinchilla Gonzalo Chinchilla		
NEWSLETTER FOLDERS	Parish Office Staff			

Our Parish Team

Fr Emmanuel Ayankudy CMI - Parish Priest

Margaret McFerran - Pastoral Ministry Co-ordinator

Amanda Mase - Parish Office Administrator