

16th December 2018
**Third Sunday of Advent
YEAR C**

PARISH PRIEST
Rev Fr Emmanuel Ayankudy CMI
PASTORAL MINISTRY CO-ORDINATOR
Margaret McFerran

PARISH OFFICE ADMINISTRATOR
Amanda Mase

CHURCHES

St Anthony Drive
ALEXANDRA HILLS QLD 4161

45 Degen Road
CAPALABA QLD 4157

PARISH OFFICE

St Anthony Drive
ALEXANDRA HILLS QLD 4161

(Located in the Demountable behind the
Church at St Anthony's)

Phone: (07) 3820 0100
Fax: (07) 3820 0199

email: alexhillscap@bne.catholic.net.au

Office Hours:
Tuesday to Friday 9:00 am – 4:00 pm

WEEKEND MASS TIMES

Saturdays: 5:00 pm St Anthony's
6:00 pm St Luke's

Sundays: 7:00 am St Luke's
9:00 am St Anthony's

RECONCILIATION

9:00 am – 9:30 am

1st Saturday of the month – St Anthony's
3rd Saturday of the month – St Luke's
Or by appointment.

ST LUKE'S CATHOLIC CHILD CARE CENTRE

Phone: (07) 3245 3300
Fax: (07) 3245 3323
capalabaldc@bne.centacare.net.au

ST ANTHONY'S KINDERGARTEN

Phone: (07) 3824 5061
alexandrahillskindy@bne.centacare.net.au

ST ANTHONY'S PRIMARY SCHOOL

Phone: (07) 3820 1200
palexhills@bne.catholic.edu.au

ST LUKE'S PRIMARY SCHOOL

Phone: (07) 3245 9595
pcapalaba@bne.catholic.edu.au



**ST. ANTHONY & ST. LUKE'S
CATHOLIC PARISH**
ALEXANDRA HILLS & CAPALABA



2018 Christmas Mass Times

Fourth Sunday of Advent -Saturday 22nd December

5:00pm - Mass -St Anthony's Church

6:00 pm - Mass - St Luke's

Fourth Sunday of Advent - Sunday 23rd December

7:00am - Mass - St Luke's Church

9:00am - Mass - St Anthony's Church

Christmas Eve - Monday 24th December 2017

6.00pm - Children's Christmas Mass at both Churches

8.30pm - Christmas Vigil Mass - St Anthony's Church

11.30pm - Christmas Carols followed by Midnight Mass - St Luke's Church

Christmas Day - Tuesday 25th December 2017

7:00am - Mass - St Luke's Church

8:30am - Mass - St Anthony's Church

Can You Spare an Hour of Your Time?

Volunteers are needed to help with folding and collating the Parish
Calendar and folding Christmas Newsletters on Thursday 20th
December. If you can assist, please contact Ailsa on 3823 3021.



Welcome to the Family

We welcome Angus Grant who will be Baptised this
weekend. May Angus continue to grow in God's own
image and likeness.

READINGS FOR THE THIRD SUNDAY OF ADVENT

1ST READING (Zephaniah 3:14-18)

With gladness the Lord will rejoice over you.

RESPONSE:

Cry out with joy and gladness: for among you is the
great and Holy One of Israel.

2ND READING (Philippians 4:4-7)

The Lord is near.

GOSPEL ACCLAMATION:

Alleluia, alleluia!

The spirit of the Lord is upon me; he sent me to bring
Good News to the poor.

Alleluia!

GOSPEL (Luke 3:10-18)

What, then, must we do?



Christmas = Rooted in God + Related to people

A Harvard University Study has found a strong association between happiness and close relationships like spouses, family, friends, and social circles. Social connections appear to be good for your health.

People who are more socially connected to family, friends, and community are happier, healthier, and live longer than people who are less well connected. People who are more isolated than they want to be are less happy, their health declines earlier in midlife, their brain function declines sooner, and they live shorter lives than people who are not lonely. Living in conflict, such as in a high-conflict family, is bad for your health.

Living in the midst of warm relationships is protective. People in the study who were most satisfied in their relationships at age 50 were the healthiest at age 80. Men and women reported in their 80s that on days when they had more physical pain, their mood stayed just as happy.

Good relationships appear to protect our brains. Being in a securely attached relationship is protective in the later part of one's life. Those people's memories stay sharper longer. People who feel they can't count on the other person, experience early memory decline.

What you can do?

It is not too late to develop close relationships. We can fill the gap left by some friends with new friends. Don't think of having close relationships as a chore; think of it as part of self-care. Staying connected and involved is actually a form of taking care of oneself, just like exercise or eating right.

"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth". (Jn.1.14)

Fr Emmanuel



The annual Christmas Lights festival at St Gerard Majella, Chermside West is now on and will continue every night till 23rd December. Huge lights display, Gift Shop, Coffee Shop, Barbecue, Drinks, ice Creams and Op Shop all operating from 6pm till 10pm nightly. Free entertainment every night. The program for our free concerts can be found on our website: www.olaparishchermside.org.au.



St Vincent de Paul Society
QUEENSLAND

good works

Thank you, for your generosity towards the Christmas hampers. We were able to pack them with useful things as well as the nice Christmas things, thanks to your generosity. I would also like to give a big thank you to all the people who helped with the packing and distributing the hampers. A special thank you to Allan for organizing the addresses and maps for the deliveries.

The Catholic Leader

Keeping faith with you In this week's issue:

- * Former Adelaide Archbishop Philip Wilson has won a court appeal against his conviction for failing to report allegations of child sexual abuse by a priest.
- * Brisbane to remember the one-year anniversary of the death of Bishop John Gerry at St Stephen cathedral
- * The Church joins forces with other denominations and faith groups to bolster religious instruction in Queensland's state schools.
- * Catholic schools look back on a year of commitment to living out Laudato Si'.



We ask that you pause for a moment to offer a prayer for the sick in our community and especially for; Christina Abante, Kent Adams, Allan Anderson, Cade Battersby, Jason Brady, Dorothy Briske, Sabina Brooker, Claire Browning, Teresa Cabrita, Sylvia Casperson, Nicholas Davies, Palita de Almeida, Diana Devlin, Suzie Fleming, Georgia Freemantle, Peter Goodwin, Ian Graham, Jan Gray, Tony Grogan, John Guy, Baby Charlie Halliday, Kevin Hardy, Ronald Haynes, Daniel Hill, John Hobbs, Barbara Kelly, Irena Kelly, Jim Kelly, Joe Kostowski, Lyn Leacey, Antonina Letizia, Jennifer Letizia, Catherine Makridakis, Trish Marot, Jane Martin, Lesley Masters, Leanne Mason, Heather Maynard, Denise McAlister, John McKay, Keith Miller, Judith Mortimer, Annabelle Morton, Wendy Mullins, Barry Murphy, Carol Nash, Alison O'Reilly, Estelle Parker, Shane Parkinson, Nick Pierce, Carmen Phairs, Terry Poulos, Eleanor Power, Tam Reddich, Maria Ruano, Rosa Maria Santos, Matthew Scott, Matilda Sequeira, Max Spelta, Gerry Stack, Diana Staples, Lorraine Steele, Graeme Stevenson, Ann Sullivan, Baby Freya Sunderland, Kerry Thomas, Lawrie Thomas, Richard Tomaszewski, Pauline Veal, Ava Wenzel, Lesley West, Belinda Wheeler, Meryl Zahner and all those others who have asked for our prayers.

Deceased: Kerry Barnes; Joan Edington; Lesley Gledhill

Anniversaries: Michael Burke; Kathleen Gee

Weekly Offerings for the Week ended 9th December 2018 - Mass Offerings \$1678.50 (Envelopes, Loose, Direct Debits & Credit Cards)
Mass Attendance for the Week ended 9th December 2018 - 5pm St Anthony's 105 ; 6pm St Luke's 33; 9am St Anthony's 128 ; 7am St Luke's 65.

18% of your offerings go to the Archdiocese and the rest are used for paying for Parish Staff, utility bills, insurance, Parish Administration, ministers and sacraments, building maintenance, charity, updating office and church equipment, newsletters and other publications and maintaining parish ministries. God Bless you and thank you for your generosity.



Additional Mass for St Anthony's for 2019
As of **Monday 7th January 2019**

Mass at **St Anthony's** will be held at **5pm**.
We will continue to hold mass at 5pm along with school masses at 9am during school term.

Safeguarding Children & Vulnerable Adults Policy

Our parish has implemented the Archdiocesan Safeguarding Children and Vulnerable Adults policy. We are committed to high standards of recruitment, screening and selection of all our employees and volunteers and undertake intentional strategies to maintain a safe and healthy ministry environment for all.



The Parish Piety Store

The Parish Piety Store operates before and after both masses at St Anthony's and St Luke's. Lovely gifts are available for all your loved ones. Feel free to browse the beautiful treasures on offer for that perfect Christmas gift.



Parish Office Opening Hours for 2019

Please note that Fr Emmanuel will now be working Mondays.
Due to this the Parish Office will now open Monday to Friday, with Thursday being Fr Emmanuel's day off.
All masses that were scheduled for Thursdays at St Anthony's will now be held on Monday's.



To Lucinda Gabb upon receiving Junior School Captain of Redlands College!

Care and Concern

The next Care and Concern meeting will be held on Wednesday 19th December at 9.00am in the Parish Meeting Room. New members always welcome.



More volunteers are needed to help serve morning tea following 9 am Mass. Commitment is once every 6 weeks. Please contact the Parish Office or Trish Purcell 04388 63296 if you can help.

Parish Sacramental Program 2019

The information session for the 2019 Sacramental Program will take place on **Wednesday 6th February 2019 at St Anthony's Church at 9am and will be repeated at 7pm at St Luke's Church.**

At these sessions the information will be given on when our Parish will celebrate **all** Sacraments in 2019. Sacraments and information that will be covered will include the following:

Baptism for Older Children (this is especially important for newcomers to our Schools) **Reconciliation - Year 5;**
Eucharist - Year 4; and Confirmation - Year 3.



THIS WEEK AT A GLANCE			
MONDAY	17 December	9.00 am	Mother's Prayers – St Luke's
TUESDAY	18 December	7.00 am 11.30 am	Mass – St Anthony's Rosary – St Luke's
WEDNESDAY	19 December	7.00 am 9.00 am	Mass – St Luke's Care and Concern
THURSDAY	20 December	7.00 am	Mass – St Anthony's
FRIDAY	21 December	7.00 am	Mass – St Luke's
SATURDAY	22 December	5.00 pm 6.00 pm	Mass – St Anthony's Mass – St Luke's
SUNDAY	23 December	7.00 am 9.00 am	Mass– St Luke's Mass – St Anthony's

Rosters for 22nd & 23rd December 2018

MINISTRY	ST ANTHONY'S PARISH		ST LUKE'S PARISH	
<i>CLEANERS</i>	Alan Sequeira, Donna Topin, Madonna Ogden, Cathie Chaplain		Trish Percy & Cheryl Rynja	
<i>COUNTERS</i>	Alex and Sam Sowah, John Plettell and Adrienne Fahy		Alan and Bernadette Spelta	
<i>MOWING</i>	Brett Malbon			
<i>MASS TIMES</i>	Saturday 5.00pm	Sunday 9.00am	Saturday 6.00pm	Sunday 7.00am
<i>SACRISTAN</i>	Kathy Metzen	Annita McSherry	Alison O'Connor	Bernie Sue
<i>DATA PROJECTOR</i>	Tony Metzen	Les Henderson	Michaela Osmond	Don Mohr
<i>USHERS</i>	Graham Ericksen Mary Ericksen	Anna Caton Helen Bowman		
<i>ALTAR SERVERS</i>	Lucinda Gabb	Roshan Jose Vinay Jose		
<i>READERS</i>	Graham Ericksen Guida Kurkela Julie Vincent (Intro & P of F)	Helen Bowman John Caton Jethro Miranda (Intro & P of F)	Julie Green Patricia Rooney Linda Groundwater (Intro & P of F)	Veronica Kaese Susanne Nelles Joan Tebbit (Intro & P of F)
<i>EUCHARISTIC / SPECIAL MINISTERS</i> * = <i>Ministers to the Sick</i> w = <i>Washing</i>	Ed Hardy Jackie Hardy Rose Tamayo Kathy Metzen (W) Annita McSherry (W)	David Kohlman Niyme Mello Vic Estillore* Bini Jose (W) Veronica Henderson (W)	Joseph David Maria Pierce Jeanine Bowlen	Tracey Armatys Violet Cooper Joan Tebbit
<i>CHILDREN'S LITURGY</i>		Niyme Mello & Nicola		
<i>HOSPITALITY (Tea/ Coffee)</i>		Caton Family and Friends	Sharon Evans	
<i>TRANSPORT</i>		Margaret Matheson		
<i>COLLECTION TEAM</i>	Jamie Gabb Terry Quinn			